

Cub Scout Den Meeting Outline

Month: **April**

Week: **2**

Point of the Scout Law: **Cheerful**

	Tiger	Wolf	Bear	Webelos	Arrow of Light
Before the Meeting	Gather materials for gathering and other activities, games and have home assignments (if any) ready.	Gather materials for gathering and other activities, games and have home assignments (if any) ready.	Gather materials for gathering and other activities, games and have home assignments (if any) ready.	Gather materials for gathering and other activities, games and have home assignments (if any) ready.	Gather materials for gathering and other activities, games and have home assignments (if any) ready.
Gathering	Leave No Trace Principles for Kids Word Search				
Opening	A Scout is Cheerful Opening				
Discussion	The Six Cub Scout Essentials/Buddy System				
Activity	What about the Weather?/I'm Going on a Campout Game				
Business items/Take home	None	None	Bear Necessities 3, 4, 9	Webelos Walkabout 1,2,4,6,7,8	None
Closing	The Cost of a Smile Closing				
After the meeting					

Materials:

Gathering: Copies of word search, pencils

Opening: flag

Discussion: pictures of 6 Cub Scout essentials, picture of STOP sign

Activity: none

Closing: closing sign

Home assignments: See home assignment sheets

Advancement:

Tiger - Tigers in the Wild 1

Wolf – Call of the Wild 4, 5; Paws on the Path 1,2,3,4

Bear – Bear Necessities 3,4,9

Webelos – Webelos Walkabout 1,2,4,6,7,8

Arrow of Light – Camper 3

Leave No Trace Principles for Kids Word Search

S X S A W D M L F X C O D A B
R F W E N X Q E Q B X L I W Z
O L I I L D P A N A D Q K O M
T R K R S P I V H S A R T N J
I R E C E K I E O G F W D K T
S T D S T V F C E Z L I X M E
I P H R P I X L N P L X U W E
V Q A G L E K P Z I E W X O N
B C E D I D C A C A R E F U L
E B L R T R K T L H Z P R U R
F I N D Q O D H E R S S K N A
W S A D G H Y S M Q U Q R P L

Below is our list of Leave No Trace Principles for Kids.

Find the CAPITALIZED words below in the word search above.

LEAVE NO TRACE PRINCIPLES for Kids

KNOW Before You Go

Choose the **RIGHT PATH**

TRASH Your Trash

Leave What You **FIND**

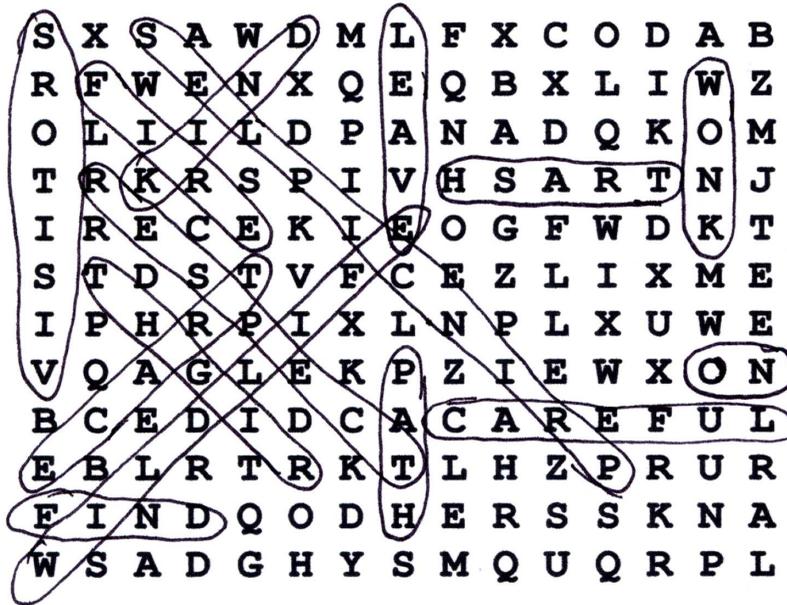
Be **CAREFUL** With **FIRE**

RESPECT WILDLIFE

Be **KIND** to Other **VISITORS**



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RESPECT WILDLIFE

Be **KIND** to Other **VISITORS**



A Scout is Cheerful Opening

Materials:

None

Cubmaster or Den leader:

Do you know what it means to be cheerful?

[Scouts will have some perfect answers to this question.]

Is it always easy to be cheerful? When is it difficult to be cheerful?

[Make sure that Cub Scouts understand that **A Scout is Cheerful. A Scout looks for the bright side of life. He cheerfully does tasks that come his way. He tries to make others happy.**]

Together let's say the Pledge of Allegiance and the Outdoor Code!



The Six Cub Scout Essentials



Materials:

Pictures of the 6 Cub Scout Essentials, or the actual objects

Instructions:

So today we're going to pretend. We're going to pretend that we're going on a hike or outing and we need to figure out what we need to take and what we need to remember before we go.

Cub Scouts should have at least six things. What do you think we might need if we were going outside on a hike for a little while?

[They may have the answers. If they get an answer correct, have them come up front and hold the object or the picture of the object.]

Six Cub Scout Essentials: (why would we need these things?)

First Aid kit (simple with adhesive bandages, moleskin, hand sanitizing gel, etc) - blisters

Flashlight – check your batteries; Your flashlight will be only used in an emergency, so don't play with the flashlight so that the batteries aren't working when you need the flashlight to work.

Filled Water Bottle – You should bring enough water for you to drink your whole hike and back. And make sure your bottle is full when you start out! It may not be safe to drink water you find along the trail.

Snack/Trail food – Trail mix or a granola bar provides quick energy when you need it.

Sun protection – Sunscreen should be SPF 30 or greater. A hat is good to have too!

Whistle – A whistle is only for emergencies, but a whistle will last longer than your voice.

What might we pack if we think it might rain? How will we carry this stuff?

[A rain coat or poncho. And we will put all of this into a backpack.]

Let's list the Six Cub Scout Essentials. Let's say them together! (do this several times)



Adventure
Medical
Kits
BE SAFE



1 PERSON
UP TO 2 DAYS

BOY SCOUTS OF AMERICA
SCOUT FIRST AID KIT











Buddy System

Materials:

Stop sign card

Instructions:

We're still pretending that we're going outside and getting ready for our hike.



Do you think we need to use the buddy system? What is the buddy system?

[Cub Scouts will know the answers to these questions. Reinforce what the buddy system is. The buddy system is a great way for Scouts to look after each other, especially on outdoor adventures. When you go out, each Scout is assigned a buddy. Scouts keep track of what their buddy is doing, and he knows at all times where his buddy is and how he is doing. A Scout leader might call for a buddy check. That means you must immediately hold up the hand of your buddy. If a Scout is missing, everyone will know it right away. The buddy system is a way of sharing good times and keeping everyone safe.]

If you get separated from your group, what do you do?

[Cub Scouts may know what to do, but go over they need to do if they get separated from their group.]

Follow S-T-O-P

S = Stay calm. Stay where you are. Sit down, take a drink of water, and eat a little trail food. Stay where you can be seen. Don't hide! You are not in trouble!

T = Think. Think about how you can help your leaders or others find you. Stay where you are, and be sure people can see you. Make yourself an easy target to find. Remember, people will come to look for you. Stay put, be seen, and help them find you.

O = Observe. Listen for the rest of your group or people looking for you. Blow your whistle three times in a row, then listen. Three of any kind of signal means you need help, and everyone will try to help you.

P = Plan. Stay calm, stay put. Plan how to stay warm and dry until help arrives. Don't worry, you will be found.

A Scout is brave. When you go hiking, always stay with your buddy and your group or family. If you do get lost, be brave and stay put until you are found. Follow S-T-O-P.



What about the Weather?



Materials:

None

Instructions:

Go through the following questions and discuss the weather when we are outdoors.

When we're outdoors, the weather may change. **What kinds of weather might we have to know how to handle? How about temperature changes between day and night? What will you bring to be prepared?**

[Rain – rain coat and boots, Wind – a light jacket to block the wind, Sun – a hat and sunscreen, etc; If the temperature looks like it may be colder in the morning – bring a heavier jacket and make sure my sleeping bag will be warm enough.]

What about big weather events or natural disasters? What kinds of disasters do we have around Houston, Texas? What can we do? Always stay calm and that will help you stay safe.

Floods

Thunderstorms

Wildfire

Hurricane

Tornado

On most outings, the worst weather you'll see is rain and annoying heat or cold. Sometimes, however, the weather can be dangerous. It's important to Be Prepared – that's the Boy Scout motto – for bad situations.

Severe Rain and Flooding

Flash floods can occur when there is very heavy rain over several hours or steady rain over several days. Because flash floods can strike with little warning, you should never camp on low ground next to streams when rain is expected.

When you are camping in the mountains, be aware of the weather upstream from your campsite. Heavy rain miles away can turn into flash floods downstream.

If flooding occurs, move to higher ground immediately. Stay out of streams, ditches, and other flooded areas. Adults should never try to drive through flood waters, no matter how shallow they may seem. Just a few inches of water can carry off a car.

Severe Thunderstorms, Lightning and Tornadoes

Thunderstorms can be loud and scary. Sometimes they produce dangerous lightning and tornadoes.

Lightning can strike 10 miles from a thunderstorm, so you should take shelter in a building or vehicle as soon as you hear thunder – even if the sun is shining overhead. Make sure you're not the highest object in the area, and avoid water, open areas, isolated trees, picnic shelters, and metal objects. If you're caught in the open, spread out 100 feet apart and crouch down like you do when you play leapfrog.

Tornadoes are funnel clouds that can form in spring and summer thunderstorms. The best place to be if a tornado hits is indoors, either in a basement or closet or against an interior wall. If you're caught outside, get in a ditch and lie as flat as possible.

Fires, Earthquakes and Other Disasters

In very rare cases, such as if there's a forest fire, you may have to evacuate your campsite. Follow your leader or family to know where to go.

-Remember to always stay with a buddy.

-Let an adult know if you and your buddy need to leave the group, and tell where you are going.

-Carry a whistle to signal for help. Three blasts in a row is the universal distress call.

If you think you are lost... what do we do? STOP – Stop, Think, Observe and Plan!

If we were going hiking and camping today, what would we wear?

[Have Cub Scouts determine the weather today and decide what they would wear. Will it be many layered with a jacket, and a stocking cap with gloves and long pants and with comfortable shoes and socks? Or will it be a t-shirt with a sun hat with shorts and comfortable shoes and socks? Or will it be something in between?]

Remember that a Scout is cheerful. It's easy to be cheerful when the weather on a campout is great. If you are prepared with the right gear, you can also be cheerful on a rainy day.

I'm Going on a Campout Game

Materials:

None

Instructions:

1. Divide Cub Scouts so that they are in groups of no more than 15-20 Cub Scouts.
2. Have Cub Scouts sit in a circle on the floor.
3. There are no "special rules" to this game. This is a memory game.
4. Start with a first Cub Scout or a leader who says something like, "I'm going on a campout and I'm going to take a sleeping bag." The next person says something like, "I'm going on a campout and I'm going to take a sleeping bag and a pillow." The next person says something like, "I'm going on a campout and I'm going to take a sleeping bag, a pillow and a backpack." Each additional person going around the circle has to repeat what the previous people have said before him. This is why the groups should be limited as to how many there are.
5. If a Cub Scout or leader doesn't remember all of the items, that's OK. They can add to the end of the list and then the next person can try. Or, all of the boys can say the items together.
6. As items are named, the leader can quickly enforce what the good things are that would be needed on a campout for the individual Cub Scout and for use by the group.
7. The goal is to get the Cub Scouts to make their list go all the way around the circle.



The Cost of a Smile Closing

Materials:

Sign that says "SMILE"

Cubmaster or Den Leader:

Remember – A Scout is Cheerful. A smile costs nothing – not a penny at all - but creates much. It can happen so quickly, but can be remembered forever. It cannot be bought, borrowed, or stolen, but it is something that isn't any good until it is given away. So, if you meet someone who is too weary to smile, give that person one of yours. No one needs a smile quite as much as the person who has none to give.



SMILE

Name _____

April Week 2

Home Assignment – Bear

Bear Necessities Adventure, Requirement 3 (Bear Handbook, page 47)

Make a list of items you should take along on your campout.

Being comfortable in the outdoors means taking along the right gear to keep you warm, dry and safe. You don't need all the comforts of home, but a few key things can really help you enjoy your campout.

Make a list of personal items you should bring along on your campout, including your Cub Scout Six Essentials. You should take them on every outing. If you need help making your list, your parents may have some ideas to help out.

To go camping I'll need:

_____ Akela's OK Date

Return this paper to Cub Scout meeting after you have completed the assignments.

Bear Necessities Adventure, Requirement 9 (Bear Handbook, pages 55-56)

Keep track of the temperature and barometric pressure readings and the actual weather at the same time every day for seven days.

Use the chart to track the weather for a week. You can get readings using a thermometer or a barometer. Or, with your parent's or guardian's help, you can also find the temperature and pressure readings on the Internet or on your local television news broadcast.

Weather Tracking Chart

		Barometric		
Date	Temperature	Pressure	Change	Weather
1.			rising/falling	
2.			rising/falling	
3.			rising/falling	
4.			rising/falling	
5.			rising/falling	
6.			rising/falling	
7.			rising/falling	

Understanding barometric pressure and weather forecasts can also help you be better prepared for outings. If you know that afternoon storms are likely, you can change your campout schedule to hike in the morning and stay close to camp in the afternoon. If the barometric pressure is falling, a storm is probably coming. If the pressure is steady or rising gently, the weather should be calm and nice.

Akela's OK Date

Return this paper to Cub Scout meeting after you have completed the assignments.

Name _____

April Week 3

Home Assignment – Webelos

(For Webelos working on the Webelos Walkabout Adventure – 4th grade Webelos)

Webelos Walkabout Adventure, Requirement 1 (Webelos Handbook, page 101)

Create a hike plan.

Before you take a hike, you need to have a plan. Where are you going? How far will you hike? How long will the hike take? What will you do along the trail?

With your parents, decide the following information:

Hike location: _____

Hike distance: _____

Start place: _____

Start time: _____

Finish time: _____

Other information: _____

If you are planning to use an existing trail (at a state park, for example), try to get a copy of the trail map. Study it ahead of time to learn more about the trail. Is the trail easy or hard? Where can you get water and go to the bathroom? Is there a good place along the trail to eat lunch?

Akela's OK

Date

Return this paper to Cub Scout meeting after you have completed the assignments.

Webelos Walkabout Adventure, Requirement 3, (Webelos Handbook page 102)

Assemble a hiking first-aid kit.

When you're hiking, you have to take care of any minor emergencies that come up. The Boy Scout motto is "Be Prepared." One way to be prepared is to carry a first-aid kit whenever you go hiking.

Some things to include in a hiking first-aid kit are:

- adhesive bandages
- moleskin
- antibiotic ointment

Akela's OK

Date

Webelos Walkabout Adventure, Requirement 4 (Webelos Handbook, page 108-9)

Before your hike, plan and prepare a nutritious lunch. Enjoy it on your hike, and clean up afterward.

Work with your family to plan a nutritious lunch that everyone can enjoy. Remember to think about food that will be filling and easy to carry. You'll be taking any trash with you when you leave, so simple foods are best.

Akela's OK

Date

Return this paper to Cub Scout meeting after you have completed the assignments.

Webelos Walkabout Adventure, Requirement 6 (Webelos Handbook, page 112)

With a family member, hike 3 miles.

Akela's OK

Date

Webelos Walkabout Adventure, Requirement 7 (Webelos Handbook, page 115)

Complete a service project on or near the hike location.

Maybe you'll repair trail damage. Maybe you'll pick up trash. Whatever you do will make the environment nicer for future hikers.

Akela's OK

Date

Webelos Walkabout Adventure, Requirement 8 (Webelos Handbook, page 116)

Perform one of the following leadership roles during your hike: trail leader, first-aid leader, lunch leader or service project leader.

-Trail leader: Responsible for calling breaks, following the map, and pointing out hazards to other hikers.

-First-aid leader: Responsible for carrying the first-aid kit and helping to give first aid if needed.

-Lunch leader: Responsible for identifying a lunch spot and supervising cleanup.

-Service project leader: Responsible for helping with service project assignments and carrying tools and other supplies.

Akela's OK

Date

Return this paper to Cub Scout meeting after you have completed the assignments.