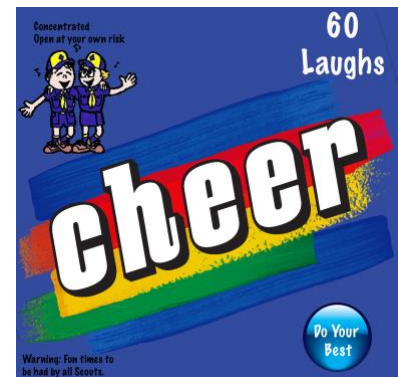


CHEERS and APPLAUSES

Cheers and applauses are a great way to recognize Scouts and Scouters at den or pack meetings for accomplishments and performances. Cheers add fun to den meetings, pack meetings and campfire programs.

Before starting a cheer or applause, make that everyone knows and understands how to do it. Cheers and applauses serve more than one purpose -- they not only provide recognition but also help liven up a meeting. They need to be fun. Strive for quality of performance. Another important side effect is they provide "wiggle time" for Scouts and siblings during the ceremonies so they sit still during the serious moments. It is a lot easier and a lot less stressful to lead a cheer and have fun than to be constantly reminding the Scouts to sit quietly.

How to Make a Cheer Box. The cheer graphic can be printed and attached to a blue bag or a box wrapped in blue construction paper. Print the cheers on strips of paper and keep generic cheers stuffed in the box. Use theme-based cheers for special meetings. Assign someone (e.g., assistant Cubmaster) to jump up and enthusiastically lead cheers throughout the meeting (e.g., after a skit or advancement ceremony). Let a Scout pull a cheer out of the box and help lead it. Download the cheer box graphic at shac.org/cheers



[Generic Cheers](#)

[Scouting Rank Cheers](#)

Theme-based Cheers:

- [Animals: bugs, farm, pets, zoo](#)
- [Beach](#)
- [Blue and Gold Banquet](#)
- [Construction](#)
- [Dinosaur](#)
- [Fiesta](#)
- [Food](#)
- [Holidays](#)
- [Jungle / Safari](#)
- [Magic](#)
- [Nature /Conservation](#)
- [Occupations: fire fighter, police officer](#)
- [Patriotic](#)
- [Pinewood Derby](#)
- [Science](#)
- [Space](#)
- [Sports: baseball, football](#)
- [Transportation](#)
- [Western](#)

Almost Cheer: With hands far apart, bring them rapidly together but miss just before meeting each other.

Big Hand Cheer: Leader says, "Let's give them a big hand." Everybody in the audience holds up one of their hands with the palm up.

Big Sneeze Cheer: Cup hands in front of nose and sneeze in hands. Having nowhere to put it, wipe your hands in your hair.

Big Rock Candy Mountain Cheer: How sweet it is.

Big Thumb Cheer: Hold out a hand at arms length, make a fist with the thumb up. Variation: Add, "GREAT JOB!!"

Cubmaster Says Cheer: The Cubmaster says, clap your hands (everybody claps two times), stomp your feet (everybody stomps two times), then everyone yells together 'Pack can't be beat!'

Cub Scout Yell: Rip, Rap, Rap! Rip, Rap, Ree! Loyal happy Cub Scouts are we!

Cubby Yell: "What's the best patrol/den?" All the patrols/dens yell back the winner's patrol name/den name.

Broken Arm Cheer: Stick arm out in front of you with the lower arm and hand dangling. Swing lower arm and hand back and forth in a limp manner.

Broken Trolley Cheer: Pull the bell rope as if ringing a bell, repeating "CLUNK, CLUNK, CLUNK."

Can of Applause: Cheer and applaud as cover is removed from can and become quiet as lid is replaced.

Class A Cheer: Clap rapidly in the following rhythm: 1-2- 3-4, 1-2, 1-2, 1-2-3-4, 1-2, 1-2, 1-2-3-4...(pause)..One big clap.

Class B Cheer: Just like the Class A except that on the last clap, you come back with your hands and make one big clap.

Class C Cheer: Just like the class B except that after missing the clap, you come back with your hands and make one big clap.

Coo Coo Cheer: Everyone nod their heads up and down and say: "COO-COO" as many times as you tell them, as if you were striking the hour.

Cub Scout Yell Cheer: "Do Your Best! Be Prepared! Shout! Shout! Shout! "Lion! Tiger! Wolf! Bear! Webelos Scout!"

Do a Good Turn Cheer: Have the group stand up to applaud. They clap once, turn a 1/4 turn and clap again, turn another 1/4 then two more 1/4 turns and claps until they have completed a full turn.

Doubtful Yell: How come? (*Build up on the HOW COME? Build up on the HOW to a big volume and then cut it off with a soft "COME?"*)

Dreamer Cheer: Pretend to snore and wake up. Stretch and say: "WOW, that was a Great Dream!"

Exhausted Yell: How TIRED? (*Build up a loud HOW, with a soft TIRED and a stretch.*)

Farewell Cheer: Hold one hand above the eyes as though looking into the distance while slowly waving the other hand.

Flip a Coin Applause Cheer: Everyone makes the motion of taking change out of their pocket, "searching" in their palm for the right coin, then "tossing" the coin in the air. Then everyone says "Heads UP!"

Gee Cheer: Cup your hand around the mouth and yell: "GEE, YOU DID A GREAT JOB, KEEP UP THE GOOD WORK!!!!" Variation: Insert the person's name after gee. Variation 2: Insert the person's name as in variation one but also substitute a different phrase honoring the person.

Good Turn Cheer: Everyone stand up, turn around, and sit back down.

Grand Cheer: Everyone is sitting down in their chairs. All stomp their feet three times loudly, then slap leg three times, then clap hands 3 times. Then stand up all together and shout "Ra, Ra, Ra!"

Grand How Yell: HOW! HOW! HOO-O-OO-OOW!

Grand Howl Cheer: This old ceremony to honor someone starts with the Cub Scouts in a circle around the honoree.

- They touch the floor between their legs with the forefinger and middle finger of both hands.
- Then, Wolf like, they raise their heads and howl, "Ah-h- kay-y- la! W-e-e-e'll do-o-o- ou-u-r-r best!"
- At the word "best," they jump to their feet with both hands high overhead, making the Cub Scout sign.
- While hands are held high, a den chief or other leader yells, "Dyb, dyb, dyb, dyb," meaning "Do Your Best".
- On the fourth "dyb", each Cub Scout drops their left hand smartly to their side, make the Cub Scout salute with their right hand, and shouts, "We-e-e'll dob, dob, dob, dob!" meaning "We'll Do Our Best."
- After the fourth "dob", the Cub Scouts drop right hands smartly to their sides and come to attention.

Grand Sneeze Cheer: "A-h-h-h Chooooo! Three times, each time getting louder.

Great Going Cheer: Have half the audience say, "Great," and the other half say, "Going," as the Cubmaster points at them. Alternate pointing at each side.

Great Job Cheer: Have one half of the audience say, "Great" and the other half say, "Going." Alternate each side.

Great Job Cheer: Group stands and says "GREAT JOB GREAT JOB, GREAT JOB," getting louder each time.

Half a Hand Cheer: Hold up one hand with the palm open, with the other hand, cover the open hand so only half shows. Variation: Add a phrase such as you are handy to have around.

Half a How Yell: HUH!

Half a How and an UGH Yell: HUH, UGH!

Handkerchief Cheer: Tell the group that they are supposed to applaud as long as the handkerchief you are about to throw in the air, when it hits the floor to stop applauding. Variation: Catch the handkerchief instead of letting it drop. Vary the applauding by using short throws, long throws, throwing to someone in the audience etc.

Heart and Sole Cheer: Slap heart and sole of shoe.

Helper Cheer: Group stands and cheers, "Great job! Great JOB! GREAT JOB!" Getting louder each time.

Hi There Cheer (Used when introducing someone new or a guest):
The group stands, waves their left hand at the person, and says as loud as they can, "Hi, there. Welcome to Pack ____."

How Yell: Raise arm to fullest extent and yell: "HOW!"

How with a Northern Exposure Yell: How, How, How, Brrrrr!

How with a Southern Exposure Yell: How, How, How, You'all!

Howdy Yell: HOOOOW DDD DEEEE!!!

Howdy Pard Yell: HOOOOW DDD DEEE PARRRD!!!!

Juggling Applause: Everyone makes the motion to pick up three balls, then pretend to juggle them and say "Practice Makes Perfect!"

Louder and Louder (a yell from one den or patrol to another):
"I like Cub Scouts; yes, I do! I like Cub Scouts; how about you?"
And point to the group that is to respond in the same way.

Mother Cheer: Mother, Mother, She's the one. If Mother can't do it, it can't be done.

A Nickel's Worth Cheer: Flip your thumb as though flipping a coin, then catch it and slap it on the back of your hand.

Once Over Cheer: Circle hands, at bottom of circle clap palm of one hand and back of the other hand together.

One How Yell: Yell the word "HOW" loudly. Can be built up to more how's as needed.

One Note Cheer: Have group sing one note and hold it as long as possible.

Pack Cheer: The Cubmaster says, "Clap your hands.": (Everyone claps.) "Stomp your feet." (Everyone stomps.) Then everyone yells together, "Pack__can't be beat."

Pack cheer: "Who's the best in Blue and Gold? Pack _____ so we've been told!"

Pack/Troop Cheer: Everyone yell together, "Clap your hands," then clap hands together two times. Then yell "Stomp your feet," then stomp feet three times on the floor. Then say, "PACK(TROOP) can't be beat."

Pack/Troop Cheer: Razzle, dazzle, never frazzle, not a thread but wool. All together, all together, that's the way we pull.

Paper Bag Cheer: Make motions to simulate opening a paper bag., forming neck, blowing it up and pop it, saying "POP" loudly.

Pat on the Back Cheer: Everyone pat the back of the left shoulder with their right hand.

Personal Cheer: Stomp feet three times and shout personal name.

Pinky Cheer: Clap little fingers together.

Real Big Hand Cheer: Make a fist with the thumb extended, put thumb to lips and pretend to blow, open hand and extend fingers gradually with each puff. Hold up hand when fully extended.

Reverse Applause: Move hands away from each other.

Round of Applause: While clapping hands, move them around in a circle in front of you.

Silent Yell: Raise both fists to level with hand and shout without any sound while shaking both fists. Or else have everyone stand in unison and open their mouths and scream without making any sound.

Stamp of Approval Cheer: Pound the palm of your left hand rapidly with your right fist. For another version, throw a handkerchief or cap in the air, have the Scouts stamp their feet until the cap hits the floor.

Take Five Applause: Everyone shows their open hand while saying "Take Five" three times.

Two & One-half How's or How How Ugh Yell: Yell "How, How, Ugh!!" (as this is done emphasize each How with your fist in front

of your body. On Ugh, yank your arms back to the side of your body. Do it more rapidly and bit off each word more quickly each time.

Two & One-half How's (Tired) Yell: Instead of UGH, use a tired slow UUUUUUHHHHH. For a variation, try the contented HOW, giving a sigh instead of the UGH.

Two-Handed Saw Cheer: Everyone pairs off into two's. Each pair sticks their hands out with their thumbs up. Alternately grab each other's thumbs until all four hands are each holding a thumb. Move arms and hands back and forth as if sawing.

Walk Cheer: Tramp, Tramp, Tramp.

When I Do Cheer: The orders are "When I bring my hands together, you do. When I do not, you must not." Then go through several false motions to see if you can catch the group napping.

Miscellaneous

Ferris Wheel Cheer: Move right arm in a large circle, on the upswing say: "OHHHHH!" On the downswing say: "AHHHHH!"
Variation: Insert the following between the ooh and aah above: when you are at the top, hold arm in place and rock back and forth and hold other hand over the eyes and say: "GEE, YOU CAN SURE SEE A LOT FROM UP HERE!!!"

Knight Cheer: Kneel and place your right hand on your left shoulder, then on your right shoulder, while saying -- I dub thee Sir Knight.

Pirate Cheer: "Yo, ho, ho, and a bottle of Sprite. Variation: Avast Ye land lubbers! Walk that plank! Glub, Glub, Glub. Variation 2: "Hoist the Jolly Roger! We're off to find the treasure! Yo Ho Ho!

Pony Cheer: Clap your hands together, then slap your leg with each hand to simulate a pony trot.

Popeye Cheer: 1st group yells: "Where's my spinach! Where's my spinach! 2nd group yells: "Toot, toot! You're Popeye the sailor man! Here's your spinach! 1st group: "Well, blow me down, I love my spinach! Toot, toot!

Pump Cheer: Have everyone get out their bucket, hang it on the end of their pump, back up a step or two, then pretend to take hold of the pump handle and start to pump. Do this for about ten pumps and say: "The bucket is full."

Rainstorm Cheer: To simulate rain, have everyone pat one finger of the left hand and one finger of the right hand. Gradually increase the intensity of the storm by increasing the fingers hitting together. Decrease the number of fingers as the storm passes.

Salt and Pepper Cheer: Hold both fists out in front of you and raise up the thumbs. Gradually increasing the number of fingers hitting together. Decrease the number of fingers as the storm passes.

Silent Smoke Cheer: Make a fist with one hand, point the index finger, hold it close to the chest, then with a circular motion, begin to slowly raise your arm, keeping the finger extended until it is high over your head.

Super-Scout Cheer: Faster than a speeding bullet, more powerful than a locomotive, able to leap tall buildings in a single bound. It's Super-scout!

Sword Cheer: Pretend to have a sword in your hand. Swing it across the body three times saying, "Swish, Swish, Swish."

Viking Cheer: Attack! Attack! Attack! Retreat! Retreat! Retreat! Retreat!

Scouting Ranks

Bobcat Cheer: Pretend to lick the back of your hand and wipe your face, like a cat does, and say meow, meow, meow.

Lion Applause: Begin to make a growling sound, but then change at the end to "Meow."

Tiger Cheer: Shout, "Grrrreat!" Thrust fist upward, making the thumbs-up sign.

Wolf Cheer: Make fists out of your hands and place at the side of your head, like wolf ears, then howl.

Wolf Cheer 2: "Wolf, wolf, wolf!" Then give a wolf howl.

Wolf Applause: Turn head towards ceiling and let out a howl.

Bear Cheer: Hold your hands up like bear paws with your claws out and growl.

Bear Applause Cheer: Start with low pitched growl, and gradually get louder and louder. At the end of growl, do quick clawing motion with hands.

Webelos Scouts Cheer: Shout "Who's the best, everyone knows, WE-BE-LOS, WE-BE-LOS."

Webelos Scout Applause: Make Scout sign and say "We'll Be Loyal Scouts."

Webelos Scout Yell: Webelos are great, they can't be beat! So, let's give a yell, Webelos are swell!

Arrow of Light Cheer: Hold your hands out to your left side. Make an arc by moving your hands over your head to your right side while you say, "WHOOOOOSH."

ANIMAL CHEERS

shac.org/animal-theme

Beehive Cheer: Leader instructs everyone to start humming, when they raise their hands, the humming gets louder. When they lower their hands, the humming gets more quiet.

Beaver Cheer: Cut a tree by tapping front teeth together, slap your tail by slapping a palm against your thigh, then yell, "TIMBER!"

Big Bear Cheer: Stand up. Pretend to be a bear standing on his hind legs and give a great big "GROWL."

Call the Hogs Yell: SOOOOOOOO EEEEEEEE, SOOOOOOOO, EEEEEEEE! PIG PIG PIG PIG!

Caught Fish Cheer: Hold out left hand, palm up, and make flopping, gasping motions with the right hand on the palm of the left hand.

Clam: Fold hands together, interlocking fingers. Make noise by pressing palms together.

Coo-Coo Bird: Coo-coo, coo-coo, coo-coo.

Crab Cheer: Have the group stand: Have them pretend to be on a boat, by swaying back and forth, and from side to side, have them grab hold of a rope as if they are hauling in their trap, have them

grab the trap box and say, "This is the biggest king crab I have ever seen!"

Coyote Cheer: Have the everyone stand, cup their hands around their mouth and say: "Yip, yip, yipeeee!" Variation: Add: "Arc, Arc, Aroooooooooo! Gee, It's lonely out here."

Desert Rat Cheer: Clutch throat and say: "How, How, How, Water, Water, Glug, Glug, Glug." Wipe your mouth and sigh "AHHHHhhhhhh, I sure feel and look better!" Variation: Same as above except when you get the water, take a comb out of the back pocket, dip it into the water, pretend to run the comb through your hair, pull out a mirror, look at yourself and say the last line above.

Fish Cheer: Pretend to a fish by its tail with one hand with one hand and plug your nose with the other and say: "Peee-u-eeeeee!"

Fish Cheer 2: Suck in your cheeks, form an "O" with your mouth, move it as if you were a fish, without making a sound!

Fish Cheer 3: Hold your nose and say: "Smelly, Smelly, Smelly!"

Giant Beehive Cheer: Tell the group to buzz like a bee. When your hand is raised, the volume should increase. When you lower your hand the volume should decrease. Practice this at various levels.

Guppy Cheer: Suck in both sides of your mouth and make a kissing noise three times.

The Lost Sheep Cheer: The leader makes an elaborate announcement introducing a soloist, who is to sing a ballad entitled "The Lost Sheep." The singer takes their position, glances to the leader who nods their head as a signal to begin. The singer then gives a plaintive "Baa-aa-aa," bows and exits the stage.

Jaws (Shark) Cheer: Chomp, Chomp, Chomp.

Jaws Cheer 2: Hold arms to cover face (Hands holding elbows) yell "AAAAAH, HELP!"

Quacking Up Cheer: Have several Scouts walk across the stage staring at the ceiling and saying "Quack, quack." Leader then asks what they are doing and they reply, "Quacking Up!"

Road Runner Cheer: Beep-Beep-Zoom."

Toucan Yell: Hold hands in front of mouth, simulating a bird opening its beak, several times while saying "TOUCAN, TOUCAN, TOUCAN! A CUB SCOUT CAN TOO!!!"

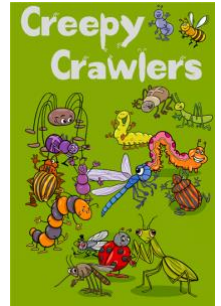
Turkey Yell: Say "Gobble, gobble," then rub stomach saying "Yum, yum."

Turtle Cheer: Fold arms in front of face with face hidden.

Bugs

shac.org/bug-theme

Bee Applause: Put arms out to sides pretending to fly, while saying "Buzz, buzz, buzz." Leader controls volume with their signal.



Bug Applause: When the leader waves hands (as if to "shoo" away a bee or mosquito, make buzzing sound (zzzzzzz). When leader finally slaps hands together (as in smacking the bug) everyone stops.

Beehive Cheer- When Cubmaster raises hand audience buzzes loud, lowers hands they buzz quieter.

Centipede Yell: Group stands and yells: Ninety- nine THUMP!! Ninety-nine THUMP!! Ninety-nine THUMP!! This wooden leg is murder!!! Variation: MY FEET ARE KILLING ME!!! Variation 2: My shoe bill is outrageous!!!

Flea Clap: Have everyone raise their hands above their head. Applaud by clicking the nails of the thumb and forefinger of each hand.

Frog Applause: "Ribbit! Ribbit! Ribbit!"

Mosquito Cheer: Slap all over yourself***Warning, the Cubmaster may have to use some special bug spray to get this cheer to stop.*

Mosquito Cheer 2: With hand, slap yourself on the neck, arms, legs, while saying "Oooo, Aaaah." This can also be done by taking one finger and moving it around in the air as a mosquito flying (making a buzzing sound at the same time), letting it land on your arm, slapping at it, and then shaking off the dead mosquito.

Spider Applause- Walk on all four fingers on the one hand and then up the other arm and then scream "EEEEKKKK!!!"

Worm Cheer: Put hands together over-head, weaving body back and forth, and shout "Way to dig!"

BUG RELATED:

Flower Cheer: Like a flower blooming, raise part way up in your chair, looking around and then jump up yelling, "Sproooooong!"

John Travolta & the Mosquito Cheer- Use your disco pointer finger pointing up and down and sing, Oo AH, Oo ah, (Then slap all over) Eatin' alive, Eatin' Alive.

FARM ANIMALS

Cow Cheer: Pretend to milk cow saying: "Squirt, squirt, squirt, moo."

Cow Yell: MOOOOO!!! MOOOOO!!! MOOOOO!!!

Cow Applause: Moooo, Moooo, Mooooove on up!

Duck Cheer: Squat down and tuck arms into armpits, forming wings. Duck walk while saying "Quack, quack, quack."

Hog Calling Cheer: Stand up, make a funnel of your hands around your mouth and call loudly, "SOOO-EEEE, SOOO-EEE, Pig, Pig, Pig!

Owl Cheer: Whooo's the greatest? YOOUUUUU! That's whooooo.

Pony Cheer: Clap your hands together, and then slap your legs with each hand to simulate a pony trot.

Rooster Cheer: Placing your thumbs in your armpits, wave the arms up and down while crowing.

Rooster and Farmer Cheer: Divide the room into two. Half of the room yells "Cock-a-doodle-doo." The other half yells "Go back to sleep."

Swine Yell: Suueeee, Pig! Pig! Pig!

Turkey Cheer: “Gobble, Gobble, Gobble,” then rub stomach and say “Yum, Yum.”

FARM RELATED:

Barnyard Cheer: Assign groups to make various sounds of animals as you point to each group have them make the sound. When you raise both hands, have them make their sounds at once.

Corn on the Cob Applause: Make the motion of holding an ear of corn in your hands, then noisily eating row by row. Finish up with an imaginary toothpick, cleaning your teeth, and say “Yum, Yum!”

Hay and Straw Cheer: Explain that when you call out “Hay” or “Straw,” the group is to respond with the opposite. Try to mix them up by going fast. *Throw n a “Stray” and everyone should be silent. Warn them at the start that you might do that.*

Potato Applause: While you make a mashing motion with your hands, say “Mash, mash, mash!”

Squash Applause: Say “Squash, squash, squash” while making a grinding motion with your foot.

Veggie Applause: Tell everyone to think of their favorite vegetable. On signal, they yell the name of that vegetable three times.

Veggie applause #2: Tell everyone to think of their favorite vegetable. On signal, they say the name of that veggie softly as they move around the room looking for others who are saying the same veggie name. When they have found their fellow veggies, they loudly yell out their name together, then take their seats. (This is a lot of fun when one person ends up being the last one and no one else has chosen a veggie)

PETS

Canary Applause (2000 lb): Put hands on opposite shoulders, while opening and closing elbows, say, "Here, kitty, kitty."

Cat's Meow Applause: Groups yells, "You're the cat's MeeeeOOOOOW!" to a person receiving the applause.

Cat Stretch Applause: Have the group start in their chairs, move hands and arms slowly upward until they are as far above their heads as possible, then stretch out their legs as far as possible, then stand and arch their backs and say "Purrrrrfect!"

Parrot Applause: Make wings with your arms, flap and say, "Polly wants to say, You're GREAT!"

Rabbit Applause: Place hands on head to resemble rabbit ears. Wiggle your nose and your tail. Hop three times.

Saint Bernard Cheer: Point up the mountain and yell, "To the rescue!"

ZOO ANIMALS

Alligator Applause: Alligator opens mouth very slowly, then snaps shut very fast. Both hands together start opening from fingers and palm, keeping wrists together, then snap hands together very fast. Repeat 3 times.

Bear Cheer: Growl like a bear four times, turning halfway around each time.

Elephant Cheer: Let arm act as a trunk, wave it brokenly in front of your face. Raise your forearm up and down and say, "Peanuts, peanuts anyone?"

Giraffe Cheer: Stretch your neck up, stand on tiptoes. "That was out of sight!"

Monkey Cheer: Lift one arm up and scratch under lifted arm making monkey type noises.

Moose Cheer: Place open hands by ears to form antlers and call "OOOOO-AAA-OOOO."

Seal Cheer: Extend arms, cross hands at the wrist and flap hands several times.

Seal of Approval Cheer: Put your thumbs in your armpits, then move arms up and down like a seal moving its flippers. Say, “Arf, Arf, Arf!” several times. Variation: Pretend you are balancing a ball on the tip of your nose.

Snake Cheer: Put hands together above your head. While standing, slither with your body in place and say, “SSSSSSSSSSSSSS.”

Tiger Cheer: Shout, "Grrreat! Thrust fist upward Tony Tiger style.

Zebra Applause: “Zee-bra, zee-bra, ZEEEEEEE-BEST!”

BEACH CHEERS

shac.org/beach-theme



Backyard Pool Cheer: Don't stand up for this cheer. Lean back in your floating pool chair, take sip of your tall cool drink and say "Ahh, this is the life."

Beach Cheer: Divide the audience into three groups. When you point to group one, they yell "Sand!" When you point to group two, they yell, "Surf!" When you point to group three, they yell, "Sun!"

Big Rain Applause: Start tapping one finger from each hand. Build quickly one finger at a time until you are clapping both hands. Then reverse and have storm fade away.

Big swimmer's Cheer: Swing arms all around, "splash, splash, splash!"

Caught Fish Cheer: Hold out left hand, palm up, and make flopping, gasping motions with the right hand on the palm of the left hand.

Clam Cheer: Fold hands together, interlocking fingers. Make noise by pressing palms together.

Clam Clap Cheer: Ask everyone to roll up their sleeves in preparation for this strenuous applause. Double up your fists with your left arm in front of your face and right arm over-head. Then silently open and close your right fist.

Deep Sea Diver Applause: “Blubb, Blubb, Blubb”.

Deep Sea Diver: Pretend to put on your diving suit, adjust your helmet, pretend to close face door, and screw the locks in place. Then pretend to jump into the water by jumping one step ahead, pretend to be sinking to the ocean floor, mumbling, "BLUG, BLUG, BLUG!!!" VARIATION: Add the following when you reach the "bottom": walk around very stiffly in a circle, then slowly bend over and pick up something and yell: "I found the TREASURE!!! I found the TREASURE."

Diver's Cheer: Same idea as Surfboarders Cheer, but jump off and say “Kersplash.” “Perfect!”

Dog-paddle Cheer: Paw air with hands, kick feet, “bark, bark, bark!”

Fish Cheer: Say “how, how, how, flop, flop, flop” while making flip flop motion with hands.

Fish Yell: Open and close mouth several times without making any sounds.

Fish Cheer: Pucker up lips like you are going to kiss and make kissing sound.

Fisherman Cheer: Pretend to reel out some line, let it drift, yank your pretend pole back and start to reel in the fish. Struggle with it for a short time and say: "I'VE GOT IT!!! I'VE GOT IT!!!"

Guppy Cheer: Suck in both sides of your mouth and make a kissing noise three times.

Hot Feet Cheer: Pretend to take off your flip flops, jog in place "across the sand" while saying, "Hot, hot, hot!"

Hula Cheer: Hula to one side, then the other, using hips and arms.

Jaws (Shark) Cheer: Chomp, Chomp, Chomp.

Jaws Cheer 2: Hold arms to cover face (Hands holding elbows) yell "AAAAAH, HELP!"

Life Guard Cheer: Pinch nose with one hand, other arm is straight up, "I'm coming!"

Little Swimmer's Cheer: Raise hands up but not arms, "splash, splash, splash!"

Rainstorm Applause: Start by gently patting knees alternately to simulate light rain falling. Increase the noise by switching to hand clapping as the storm reaches its height. With a hand signal, have everyone shout “Boom!” to represent thunder. Gradually decrease the hand clapping and then pat the knees as the storm subsides.

Motor Boat Cheer: Pull on starter cord a few times while fluttering tongue on roof of mouth. Then start the sound of a motor boat.

Motorboat Applause: Flutter tongue on roof of mouth.

Ocean Applause: Best done with a large group; have first row sway from side to side; second row swaying in opposite direction; third row same as first, etc. Then have them add sound effect: SWOOSH, SWOOSH, SWOOSH!!

Popeye Cheer: *Divide audience into two parts:*

1st group: Where's my spinach! Where's my spinach!

2nd group: Toot, toot! You're Popeye the sailor man! Here's your spinach!

1st group: Well, blow me down, I love my spinach

2nd group: Toot, toot! You're Popeye the sailor man!

Seal Applause: Extend your arm straight out in front of you and clap with stiff arms while saying, “Arf, arf, arf, arf”

Shark Cheer: One elbow up like a fin, “dum, dum, ta, dum!”

Steamboat Cheer: Get group repeating "Chug-a- chug-chug. Then, reach up with your right hand and pull down. Audience responds with "Toot, "Toot."

Surfer Cheer: Pretend to stand on a surf board with your arms to the side to keep balance. Say, "Hang 10."

Surfboarders Cheer: Pretend to be riding a surfboard, run it onto the beach, jump off, spread arms wide, say "Success!"

Swimmer's Belly Cheer: Put both hands out in front of you and slap your hands together once. Look both ways and say, "Where's the water, where's the water."

Swimming Cheer: Pretend to swim using the breaststroke, clap hands together as you put your arms forward.

Undersea Applause: Hold your nose, bend your knees, and then pretend to sink underwater, saying "Glub, glub, glub."

Water Balloon Relay Applause: Divide the audience in half. The first half acts out the water balloon applause above. Following "Splat" the other half of the audience yells "I'm ALL WET!"

Water Balloon Applause: Leader tells everyone to pick up their water balloon, balance it as it wobbles in their hands, then rear back and throw. Wait a second then everyone yells "SPLAT!"

Wave Cheer: Start with one side and let the wave go around the room twice.

Waves of Sound Applause: Add on sound to the Wave: Leader indicates the soft start, building to a loud noise, then decreasing back down as the wave travels across the room.

BLUE AND GOLD BANQUET CHEERS

shac.org/blue-gold-theme



After Dinner Applause: "Plop, plop, fizz, fizz, oh what a relief it is!"

Applause and Cheer: When leader holds up the right hand, everyone cheers; When the left hand is held up everyone claps; When both are held up, do both!

Baden-Powell Applause: Stand with hands behind back in parade rest position; Smile, and then nod head as if saying "Yes."

Blue and Gold Cheer: Divide the room in half. As you point to one side they say "Blue" and When you point to the other side, they say "Gold." When you point to both sides They both say, "Blue and Gold." Vary the speed and direction you point.

Blue and Gold Cheer: Similar to above, but divide the group into thirds. Group one shouts, "Blue", group two shouts, "And", group three shouts, "Gold", then all together clap at once. Use a four beat rhythm.

Blue and Gold: Divide in two groups; one "blue" the other "gold."
2. Hold up a blue object then a gold object. Each group responds when their color is held up. Blue: "Ohhh! Gold: "Ahhh!"

Brownsea Island Applause: "Camping! Yeah!"

Lost in the Fog Applause: Divide audience into two groups. First group yells (as if lost): "Hello! Hello!" Second group answers: "I'll help you, sir!"

Guest Cheer: Have everyone stand where they are and say, "We're glad you're here with Pack_____!"

Overeater's Applause: Looking uncomfortable, rub stomach and slowly say "I can't believe I ate the whooole thing."

Party Cheer: Throw hands in the air and say, "Confetti, Confetti, Confetti."

Way Back Applause: Make a fist but point your thumb backward like a hitchhiker does. Move your arm from front to back as you say "Way back!"

CONSTRUCTION CHEERS

shac.org/construction-theme



Chip, Chop Cheer: Divide audience into two sides. One says “Chip,” the other “Chop” After a few iterations, all yell, “Timber.”

Electric Drill (or Chain Saw) Cheer: Make Brrrrrr sound for as long as you can.

Glue Cheer: Clap hands together and they get stuck, struggle to pull them apart.

Hammer Applause: Hold nail in one hand and hammer with other hand, saying “Bang, bang, bang, ouch!” (and shake hand that got hit).

Jackhammer Applause: Hold jackhammer with both hands and begin using it. “Bap-bap-bap-bap-bap!”

Lumberjack Cheer: With a partner, first person makes a fist with thumb up. Second person grasp thumb and makes a fist with thumb up. First person grasps that thumb and makes fist thumb up. Second person repeats. With all four hands together, make back and forth sawing motion.

Nail Pounding Cheer: Start by pretending to drive a nail with a hammer, then hit your thumb. Make appropriate motions. Words go “Bang, Bang, Bang, Ouch.”

Plane Applause: Hold imaginary plane in hands and plane the wood to the sound of “Zzzziiiiippp!”

Rubber Tree Cheer: Pretend to hold axe to chop tree. Every time you swing it bounces back. Make bouncing noise: “Boing, Boing”

Sandpaper Cheer: Rub hands together as loud as you can

Saw Cheer: Pretend to get a piece of lumber, measure it, pretend to draw a line, place pencil behind the ear, pick up your pretend saw and begin to saw holding your lumber with one hand and sawing with the other, while making your best sawing impression.

Super Glue Cheer: Hands get stuck on first clap and can't be pulled apart. Have pack yell something for help (Home Depot, Lowes, Mr. Fix-It, be original)

Woodcutter's Applause: Nod your heads, as if asleep, and start cutting the zzz's.

DINOSAUR CHEERS

Brachiosaurus Applause: Stand up and walk in place heavily (This was one of the largest dinosaurs)

Dinosaur Roar Applause: Divide into three groups:

- ✓ First group makes a high-pitched “Eeeek, Eeeek” sound (Pteronadon);
- ✓ Second group stomps loudly on the floor (Supersaurus);
- ✓ Third group roars loudly(T-Rex).

As you point to each group they make their sound; point to one at a time, then wave to all three as they make their sounds at the same time.

Dinosaur Cheer: Roar, Hiss, Roar, Hiss

Dinosaur Stomp Cheer: Stand up and stomp your feet as hard as you can.

Eatosaurus Applause: Pretend to be a large dinosaur who just spied dinner. Grab it, stuff it in your mouth, and say “Yum, Yum!”

Egg-eater Applause: Grab large make-believe egg between hands, move feet quickly up and down as if running away, and shout “Yum, Yum!”

Fred Flintstone Cheer. Shake hands over your head and yell “Yabba-dabba-do!”

Paleontologist Applause: Pick up your pretend brush and pick, lean over and “pick” at a pretend bone, brush off the dirt and shout “Hooray: It’s a new dinosaur!”

Pterodactyl Applause: Spread arms as if soaring through the air, while saying “Eeeek, Eeeek, Great Job!”

Pterodactyl Cheer: Flap your arms and say, “Honk! Honk! Honk!”

Tyrannosaurus Rex Applause: Pull arms up with hands curled like claws, then stomp loudly on each foot and growl loudly. Repeat three times.

Tyrannosaurus Applause: Stand up, make your hands into a 2-fingered claw held in front of your chest. Stamp your feet alternately, left, right, left, right, left right. Roar LOUDLY while clapping "claws."

Volcano Applause: Twirl your hands while making a rumbling sound, then throw up your hands and shout “Brrrrrrrrmmmmmm!”

FIESTA CHEERS

Bull Cheer: Make bull horns with fingers while shouting "El Toro, El Toro!"

Bull Fighter Cheer: Hold down cape and move to in appropriate motion while shouting "OLE!"

Mexican Hat Dance Cheer: Put hands on feet and stamp feet while turning around in a circle.

Pinata Cheer: Pretend to hit piñata, say "Swoosh" (Miss), "Swoosh" (miss), "Swoosh" (hit) "HOORAY."

Siesta Cheer: Remain seated and pull an imaginary sombrero over face while snoring loudly.

Spanish Dancer Cheer: Stand with left hand on hip and right hand held above head in manner of flamenco dancer. Simultaneously, snap fingers of your right hand and stomp your feet in a fast tempo while turning slowly. Continue until you have made a complete circle. About every quarter turn, yell "Ole."

Tortilla Cheer: Slap both hands together, alternating one hand and the other from top to bottom. On every fourth clap, shout, "OLE!"

FOOD CHEERS

Cantaloupe Cheer: A variation of the "Watermelon". Cup your hands for the cantaloupe and shorten time and noise for spitting out the seeds. Variation: Hold a piece of cantaloupe in one hand, take a fast bite, turn head and spit out seeds.

Cheerio Cheer: Cheerio-Cheerio-Cheerio.

Cheery Cheer: Pick a cheery, roll in your mouth, then spit the pit out with a loud "P-TUU."

Coconut Cheer: Pretend to shinny up a coconut tree, (Place arms out front as if hugging tree, move one hand and arm up a time and then the other), pretend to pick the coconut, let it fall to the ground (whistle as if a bomb was falling), hits the ground with a bang! Shinny down (reverse your climbing motion), pretend to hit the coconut to open it, then say, "This sure is a nutty applause!"

Cookie Clap Cheer: Everyone takes a big bowl in their arms. In bowl, dump ingredients to make cookies, such as: flour, sugar, salt, chocolate chips and dill pickles (have the Scouts tell out the ingredients and you'll get some odd cookies). After the ingredients are in the bowl, you take a big spoon and with stirring motion yell "Crummy, Crummy, Crummy."

Cookie Clap Cheer: Everyone takes a big bowl in their arms. In bowl, dump ingredients to make cookies, such as: flour, sugar, salt, chocolate chips and dill pickles (have the Scouts tell out the ingredients and you'll get some odd cookies). After the ingredients are in the bowl, you take a big spoon and with stirring motion yell "Crummy, Crummy, Crummy."

Frankfurter Cheer: hold up your hotdog, squeeze ketchup on it and take a bite. "Hot dog! That was good!"

Grape Cheer: Hold one hand out as if holding a bunch of grapes, with the other hand pick a grape, chew it and spit out the pit.

Grape Juice Cheer: Every one stomps around as if stomping grapes, then reach down with one hand dipping with a glass and drinking it, saying, "AAAAHhhhhh."

Hamburger Cheer: Make a hamburger patty by clapping hands turning left hand on top, then left hand on the bottom

Hot Dog with Mustard Cheer: Get your hot dog and put it in a bun. Pick up the mustard bottle and squeeze some mustard on the hot dog, then take a big bite and say, "Yummmmm!"

Milk Shake Cheer: Shake contents in a shaker bottle, slurp the drink.

Pancake Cheer: Pretend to be holding a frying pan and a spatula in your hands. Pretend to put the spatula under the pancake and flip the pancake into the air. Look into the air as though watching the pancake flip in the air. Catch the pancake with the spatula, and flip it on your hand making a loud "Clap."

Tortilla Cheer: Slap both hands together, alternating one hand and the other from top to bottom. On every fourth clap, shout, "OLE!"

Watermelon Cheer: Hold a piece of watermelon in both hands, make the motions of taking several bites, turn head and spit out the seeds.

Am I Healthy? Applause: Everyone sticks out their tongue and points to it while saying "Aaaah." Then say "Am I Healthy?"

Bending Hinges Applause: Everyone takes a pose using their body "hinges" and say "I'm All Made of Hinges"

Cork Cheer: Hold out one hand as though holding the neck of a bottle. Put a cork in the bottle, then hit it in with the palm of the other hand.

Favorite Exercise Applause: Everyone freezes in a pose of their favorite form of exercise: They all say "Keep Moving!"

Foil Dinner Cheer: "RAW, RAW, RAW !!!"

Health & Fitness Applause: Repeat three times: “Eat Healthy!
Stay Fit!”

HOLIDAY CHEERS

shac.org/holiday-theme



Candle Applause: “Flicker, flicker, flicker.”

Christmas Bells Applause: Pretend to hold a bell rope. Have the left side of the audience to say "DING" on the down stroke. Have the right side of the audience to say "DONG" on the up stroke. Repeat three times.

Christmas Stocking Cheer: Pretend to empty your stocking and then put it on your right foot.

Dad’s Gift Cheer: Act as if opening a gift and when open say, “Oh, a new tie! Just what I needed.”

Dasher Cheer: Slide hands against each other, making loud swishing noises.

Double Ice Cube Cheer: Make an ice cube with a thumb and index finger of each hand, saying, “TOOOOO COOOOOOOL!”

Eskimo Cheer: Brrrrr-rrr, Brrrrr-rrr.

Frosty the Snowman Cheer: “Thumpity, thump, thump!” twice.

Frozen Cub Scout Cheer: Wrap your arms around yourself, and say, “BRRRRR!”

Goodbye Santa Applause Pretend to throw a pack onto your back and say, "Merry Christmas to all and to all a good night."

Ice Cube Cheer: Shape an ice cube with a thumb and index finger, saying, "COOOOOOOL!"

Jack in the Box Cheer: Squat down and then jump as high as you can and say, "Boing!"

Jingle Bells Cheer I: Stand and wiggle all over while saying "jingle, jingle, jingle."

Jingle Bells Cheer II: Give everyone a jingle bell and everyone shakes them at the same time.

Merry Happy Cheer: One side yells "Merry Christmas" and the other side answers "Happy New Year." Repeat three times.

Mistletoe Cheer: Pretend to hold mistletoe over your head and make kissing sounds.

Present Cheer: Pretend that you are opening a present. When you open the box, say, "Oooh, Aaaaah!"

Reindeer Cheer: "On Dasher, Dancer, Prancer and Vixen, On Comet, Cupid, Donner and Blitzen!"

Rudolph Applause: Put thumbs to head with fingers pointing up and form antlers; wrinkle nose and say, "Blink, blink, blink."

Santa Cheer: "Ho, ho, ho!" Hold stomach as you laugh (*Optional*)
Pull on reins & say, "Where's Rudolph?"

Santa Claus Cheer: Reach out and hold stomach saying loudly, "HO, HO, HO" three times. Variation: Add: "MERRY CHRISTMAS!"

Santa Claus Chimney Cheer: Pretend to be driving your sleigh, say: "Whoa!" (pulling up on the reins), get out of the sleigh, pretend to climb into the chimney, begin to slide down and struggle, say: "Wheeze, grunt, rattle, clank, oh, no," move hands as if falling trying to grasp the sides of the chimney, then yell: "Craaaassshhhh and then put your finger to your mouth and say, "Shhhhhhhh!"

Silent Night Cheer: Stand up, cup hands around mouth (as if yelling) and silently mouth the words "Great Job!"

Snowball Applause: Reach down and pick up some imaginary snow, pack it into a ball. Pull arm back. Throw, and yell, "Splaaaatttt!"

Snowglobe Cheer: Pretend to hold a ball in your hand, shake it up and down and say, "Oooo! Aaah! Oohh!"

Silent Night Cheer: Stand up, cup hands around mouth (as if yelling) and silently mouth the words "Great Job!"

Sleigh Cheer: Say “Ding-a-ling” three times.

Working Elf Cheer: Pick up hammer and say, Nail, nail, nail, Glue, glue, glue, Build, build, build."

Halloween

Witch Cheer: Say in witchy voice: "Heee, Heee, Heee." Wolf: Wolf, wolf, wolf, then give wolf howl.

Ghost Cheer: Wave hands like a ghost and say: "WHOOOO, WHOO, WHOOOOOOO!!" Variation: Wail, "BOO! BOO! BOO!" three times and then yell: "YAHHH!!"

JUNGLE CHEERS

shac.org/jungle-theme



Alligator Cheer: Everyone puts their arms out in front of their body palms together, open the jaws of the alligator by spreading the arms in vertical motion, slowly, then snapping the jaws shut very quickly. Do this three times!

Banana Cheer: “Peel bananas, peel peel bananas!” (Repeat twice. Pretend you’re peeling a banana.) “Go bananas, go go bananas!” (Repeat twice. Jump around, spin in a circle, punch fists in the air.)

Bear Hug Cheer: Put arms around your own shoulders and give yourself a big hug.

Bees in this Beehive Cheer: Instruct everyone to start humming. Then as you raise your hands the humming gets louder. When you lower your hands the humming gets quieter.

Bobcat Cheer: Stand up, give a loud “Meow!” three times.

Disco Mosquito Cheer: Slap 4 times—once on each cheek, once on each arm. While singing “Oh, oh, oh, oh!” Then point finger up and down while singing, “Eaten alive! Eaten alive!”

Elephant Cheer: Let your arms act as trunk. Wave it in front of your face. Raise your arm up and roar.

Frog Pond Cheer: Divide into three groups.

Group 1, using high voices = “Tomatoes, tomatoes, tomatoes”

Group 2, with medium voice = “Potatoes, potatoes, potatoes!”

Group 3, with deep bass voices = “Fried bacon, fried bacon, fried bacon!” Rehearse with each group; then add one group at a time.

Jungle Cheer: Assign cheers to groups.

Tiger Cubs: Roar like a tiger—RRRRR!

Wolf: Howl like a wolf—Ah-ooooo!

Bear: Growl like a bear—Grrrr!

Webelos: We’ll BE Loyal Scouts!

Cub Scouts: The sounds they used earlier

Moms: Screech like a hawk—Eyaw! Eyaw!

Dads: Yell like a monkey—Eeeek! Eeeek!

Other family members: Hiss like a snake—Hsss! Hsss!

Leader: Thank you to all the inhabitants of our jungle pack. Let’s give them a jungle cheer!

Giraffe Cheer: Stretch your neck up, stand on tip toes, “That was out of site!”

Monkey Cheer 1: Semi squat position. Raise hands to ribs under armpits. Make motions of scratching and hop up and down saying, “Eeeek, Eeeek!”

Monkey Cheer 2: Ooo, Ooo, Ooo (while acting like a monkey)

Rainforest Cheer: Divide audience into 5 groups. Assign each group a part:

- 1st. Rubs palms together (wind)
- 2nd. Snaps fingers slowly (first drops of rain)
- 3rd. Claps hands, vary rhythms (steady, light rain)
- 4th. Slaps thighs (heavy rain)
- 5th. Stamps feet (downpour)

The Cubmaster points to the first group as they begin their action. Each group, once started, continues until the Cubmaster points at them a second time to stop. After the first group starts, the Cubmaster points to the second group, and then the third, and so on until all the groups are participating in a loud and crashing rain storm. Then the Cubmaster stops the groups in reverse order as the storm dissipates and calm returns.

Rainforest Cheer 2: Have the Cub Scouts choose whether they want to make the sounds of rain, birds or insects in the jungle. You might even add larger animals. Make sure you have a good mix of sound: Cub Scouts can switch places so everyone can do various sounds. Each sound should stand in the same section. Have each section practice once. Now point to the various sections and have them produce their rainforest sounds. Have them get softer or louder by using hand signals. Try having everyone make their sound at the same time, or having one section louder than the others. Try making “daytime” sounds and “nighttime” sounds. What sounds would you hear if a predator was coming close? You could also check out a National Geographic or nature video that has those sounds and compare them to your own orchestra. Tape the sounds of your “orchestra” and use it for background music at the pack meeting.

Taming of the Wild Lion Cheer: Simulate having a chair and whip in hand. Hold chair out and crack whip and yell "Back, back, back!" Then Yell: "Help, Help, help, the lion has the whip.

Tarzan Cheer: "I like bananas (pantomime eating a banana), coconuts (throw a coconut), and grapes (eat grapes.) That's why they call me (yell next part) Tarzan of the Apes!"

Tiger Cheer: That was G-R-R-R-R-R-R-E-A-T!

Watermelon Cheer: You take a big bite of a watermelon, Chew it up good and now. You spit out the pits like a machine gun

Woodpecker Cheer: Knock on your chair 5 times.

Woody Woodpecker Cheer:

<http://www.youtube.com/watch?v=x22lCxYA-fs&feature=related>

Zebra Cheer: "Zee-bra, zee-bra, ZEEEEEEEE-BEST!"

MAGIC CHEERS

shac.org/magic-theme



Bravo Applause: Everyone shouts, “Bravo, Bravo, Bravo!” gradually getting louder. End with huge clapping.

Disappearing Rabbit Applause: Hold hands to the side of your head like bunny ears and shout, “Poof! Poof! Poof!”

Handkerchief Applause: Hold a handkerchief up and drop. Applause continues until the handkerchief hits the ground.

Magician Applause: Take the imaginary hat off your head, make a magical gesture over the hat and say “Presto!”

Magic Hand Applause: Applaud with your hands in front of you, then with your hands behind your back while you say, “Now you see them, now you don’t!”

Magic Yell: Pretend to reach up your sleeve. Pull your hand out and shout “ShaZamm!”

Magic Cheer: Group waves hands back and forth and says “Hocus Pocus!!” three times.

Magicians Cheer: Pretend to take off top hat, reach into the hat with the free hand and pretend to pull out a rabbit, as they say “TA DA!!”

Magicians Cheer 2– Pretend to take off a top hat and wave your hand over the hat while saying “Hocus Pocus”. Then pretend to reach into the hat and pull out a lion with a “ROAR!”. Quickly stuff it back into the hat and say “Whoops, wrong spell!”

MUSIC CHEERS

Drum: On legs make a rat-a-tat sound 3 or 4 times, then hit the stomach two times and say "Boom, Boom".

Flute: Pretend to be playing the flute and give two big toots.

Trumpet: da-da-da-da-dada-da-da-CHARGE!

Yodelers: Cup hands around mouth saying, "Yodel, ley, lee, who."

NATURE / CONSERVATION CHEERS

shac.org/nature-theme

Beaver: Cut a tree by tapping front teeth together, slap your tail by slapping a palm against your thigh, then yell, "TIMBER!"

Bear: Growl like a bear four times, turning halfway around each time.

Bear Applause. Growl like a bear, turning a half-turn each time. Make four growls and two complete turns.

Bee: Put arms straight out and pretend to fly, while going "Buzz-z-z-z, Buzz-z-z-z."

Big Rain Applause: Tap fingers together very quickly.

Broom: Pretend to take a broom and sweep the floor saying Clean Sweep three times.

Clean Air Applause: Take a big sniff of air, exhale and say "AHHHHHHHHHHHHHHHH!"

Earthquake Cheer. "Shake, rattle, and roll!" (Repeat three times.)

Hike the Mountain Applause: March in place. Begin with head erect, shoulders back and a steady step. As mountain becomes steeper, slow down the march and bend forward as if straining to continue the hike. At the top, collapse back in your seat, wipe your brow with sleeve, and sigh, "We made it."

Firecracker: Strike a match on the leg, Light the firecracker, Make noise like fuse "sssss", Then yell loudly "BANG!!"

Flower: Like a flower blooming, raise part way in your chair, look around and thumb jump up yelling, "Sproooooong!"

Garbage Bag Cheer: In a deep voice say, "Hefty! Hefty! Hefty!"

Garbage Disposal: Turn you face up, open mouth, make gurgling sound, swallow big.

Garbage Truck: Start with hands over head together, lower arms, open, clap, lift up, open and make sounds of compressing garbage.

Giant Beehive Cheer: Tell the group to buzz like a bee. When you raise your hand, the volume should increase. When you lower your hand the volume should decrease. Practice this at various levels.

Give A Hoot Cheer: Divide the audience into two sections. Have one section yell, "Give A Hoot!" and the other section yell, 'Don't

Pollute!" Alternate pointing at each section, pointing faster and faster.

Hikers Applause: Hold throat and shout: Water, Water, Water!! Pretend to find some, drink it, saying: "GLUG, GLUG, GLUG," Wipe your mouth on your sleeve and say: Aaaaahhhhh!!!

Hike the Mountain Applause: March in place. Begin with head erect, shoulders back and a steady step. As mountain becomes steeper, slow down the march and bend forward as if straining to continue the hike. At the top, collapse back in your seat, wipe your brow with sleeve, and sigh, "We made it."

Litterbug Applause: Slap back of hand several times with a frown on your face.

Litterbug Applause: "Crackle, clatter, dump" (repeat 3 times.)
"Don't be a litterbug. Pick them up!"

Lumberjack Applause: Swing ax as if chopping down a big tree and say "Chop, chop, chop." Then stop, stand back raising hand to mouth to form megaphone, and shout "Timmm-berrrr!"

Mosquito Applause. With one hand, slap yourself on the neck, arms, and legs while saying "ooo, aah, aah!"

Noise Pollution: Raise hands and have everyone yell as loudly as they can. Lower hands and volume of yells go down. When hands are on floor, everyone must be extremely quiet. Do several times: raise and lower volume. Then, with hands on floor ask the pack to listen to absolute quiet.

Palm Tree Applause: Show the palms of your hands

Paper Bag: Make motions to simulate opening a paper bag, make a face as if the odor is back and pretend to throw the trash in the bag, form neck and twist the top of the bag closed, say “Phooey, it smells!”

Paul Bunyan Applause: Make motions as if sawing down a tree. Meanwhile alternately sucking in air with a "Shhh" and blowing out with a “Phhh” (puh: short u) sound. After a few of these you have cut through the tree. Stand back, and with your hand alongside your mouth, yell "Timberrrrr!"

For either you could divide the audience in half –

- **For the Lumberjack:** alternate sides going Chip and Chop until you signal to yell “Timber!!”
- **For the Paul Bunyan:** alternate the inhale and exhale sounds until you signal to yell “Timber!!”

Picking Up After a Litterbug: Spot some trash, pick it up and put in can, clap, slide hands together as though you are brushing them off and smile big.

Plant: Crouch near floor, take deep breath, hands together, like saying prayer with eyes closed, slowly rise upward spreading fingers and as you are on tip-toes, look up (to sun,) open eyes and exhale "Ahhhh."

Rain Clap: Everyone starts by tapping their right thumbs on the palms of their left hands to represent the first few drops of rain. Then use two fingers, three fingers, four, five and the palms of hands. Increase volume of clapping from soft to loud. Then in reverse sequence back to thumbs on palms, as the rain passes.

Rainstorm Applause: Start by gently patting hands on knees alternately to simulate rain falling. Increase the noise by switching to hand clapping as the storm reaches its height. With a hand signal, everyone shouts "Boom!" to represent thunder. Gradually decrease the hand clapping back to patting the knees as the storm subsides.

Rainstorm Applause 2: *To simulate the storm arriving.* Start by clapping only the two pointer fingers. Then the pointers and the tall men. Then pointers, tall men, ring fingers. Then add pinkies, Then whole hand clapping. *Then after a few moments of the full storm begin to simulate the storm leaving.* You have the whole hand clapping Remove the pinkies. Then remove the ring fingers then remove the tall men, then stop. Silence, the quiet after the storm

Rainfall Applause 3: Divide audience into four groups. Instruct the first group to tap one finger of each hand together. Instruct the second group to tap three fingers together and the third group to tap three fingers on the palm of their hand. Have the fourth group slap their knees with their hands. Tell the groups to start tapping when you point to them. Start with the first group and then pan over the audience slowly bringing in each additional group until the rain fall gets heavy with the fourth group. Then pan slowly back across the audience, creating the effect of the rainfall slowly coming to an end.

Rainstorm Cheer: To simulate rain, have everyone pat one finger of the left hand and one finger of the right hand. Gradually increase the intensity of the storm by increasing the fingers hitting together. Decrease the number of fingers as the storm passes.

Recycle Cheer: Pick up an empty soda can, stomp on it and throw into a recycling can.

Recycle Cheer: Use it up, wear it out, make it do, or do without!

Recycle 2: Pat yourself on the back several times.

Reduce, Reuse, Recycle: Divide the audience into three sections. Have the first section yell, “Reduce!” the second section yell, “Reuse!”, and the third section yell, “Recycle!” Alternate pointing at each section, pointing faster and faster.

Reverse Applause: Move hands away from each other.

Snap Dragon Applause: Slap hands together while saying "Gotcha! Gotcha! Gotcha!"

Spider Applause: Walk on four fingers up the hand and arm of the opposite one. When you have gone as far as you can, yell: "EEEEEEKKK" and brush it off you

Spring Applause: Spring up and down and say "boing, boing, boing."

A Tree's Life: Start as a seed, crouch on ground, stretch out arms and slowly stand to represent trunk and branches; sway with wind happily, shake fingers as you lose your leaves, shiver in cold during winter. Say "oh, no! Timmberrrrr."

Tree Cheer: While reaching arms both above your head, yell, "Tree- mendous!!", "Tree-mendous!!" "Tree-mendous!!"

Water Sprinkler Yell: Clasp your hands together to resemble a water sprinkler (Fold hands, extend pointer fingers), then extend arms out in front of you. Move arms to left side. Make the sound of the water sprinkler, "Chee, Chee, Chee, as you pulse your arms from left to right. Then go Swisssssssssh!" as you rapidly bring your arms back to your left side.

Water Sprinkler Applause: Make fist with the right hand with thumb sticking out. Place end of thumb on end of nose. Rapidly open and close fist while saying "Choo, choo, choo, choo," etc. sounding like a water sprinkler and turning around as you go. After a complete turn spin back around the opposite direction, again like a water sprinkler, saying "Wheeee."

Woodchopper's Applause: Shout, "Chop, chop, chop, timber."

OCCUPATION CHEERS

Archeologist's Cheer: Divide the group into two. LEFT SIDE: Shovel! RIGHT SIDE: Sift! Repeat three times. LEADER: Stop! ALL: We finally found something!

Barber Shop Cheer: Make a razor sharp motion on the palm of your left hand with your right hand, turning your right over with each stroke. Don't forget the barber's flourishes.

Barker's Yell: Showtime, Showtime!

Carpenter Cheer: Pretend to be holding a hammer in one hand and a nail in the other. Start pounding the nail with the hammer while saying, "Bang, Bang, Ouch".

Firefighter Cheer: "WATER! WATER! WATER!"

Mad Doctor Cheer: Scalpel, sponge, sponge, sponge, oops.

Fisherman Cheer: Pretend to reel out some line, let it drift, yank your pretend pole back and start to reel in the fish. Struggle with it for a short time and say: "I'VE GOT IT!!! I'VE GOT IT!!!"

Lumberjack Cheer: Pretend to be chopping a tree then shout "Chop, Chop, Chop, TIMMMMBERRRR!"

Mad Scientist Cheer: Pretend to hold a test tube in one hand. Pour something into it; then something else, then shout "Boooooommm!"

President Cheer: Salute and say: "Hail to the Chief."

Fire Fighter Cheer

Fire Bucket Brigade Cheer: Pretend to pass buckets of water, throw water on fire saying “SWWWOOOSSHH.”

Fire Engine Cheer: Divide into four groups.

1. Bell... “ding, ding, ding.”
2. Horn... “honk, honk, honk.”
3. Siren... “rrr, rrr, rrr.”
4. Clanger... “clang, clang, clang.” Have everyone yell at once.

Fireman’s Applause:

- Make sounds, “Crackle, crackle, pop” as you move your fingers over your head.
- Then make a sound like a fire engine.
- Grab your hose and spray on the fire and “hiss-s-s”
- Say “The fire is out.”

Firefighter Cheer: “WATER! WATER! WATER!”

PATRIOTIC CHEERS

shac.org/patriotic-theme



Abe Lincoln Cheer: That was great! HONEST!

America Cheer: A-M-E-R-I-C-A (3 times), Cub Scouts, USA!

Ben Franklin Cheer: act out flying a kite, working the string up into the air, and then scream when you get zapped.

Ben Franklin Cheer: Hold both hands out in front of you as if flying a kite. Jerk back suddenly while saying, "Zap, Zap, Zap."(Lightening)

Columbus Cheer: Put hands up like you're holding a telescope and shout, "Land Ho!"

Congressional Stamp of Approval: Stamp feet, or pound left fist onto your right palm.

Constitution Cheer: We the people, APPROVE!

Eagle Applause: Lock thumbs, Flutter fingers like wings, Shout "Cree, cree!"

Firecracker Cheer: Everyone stands. Grab imaginary match from back pocket, and light imaginary firecracker held in the other

hand. Then throw it on the ground and dance around while clapping hands to mimic the sound of firecrackers exploding.

Firecracker Cheer: Strike a match on the leg, light the firecracker, make noise like fuse "sssss", then yell loudly "BANG!!"

Fireworks Cheer: Everyone stands, points upward and shouts, "Skyrocket! Whee!" (then whistle), then yell "Boom! Boom!"

Fireworks Cheer 1: Divide audience into two groups. Have everyone in a circle if you wish. One half of circle (audience): Place the palm of your hand in front of your mouth and keep it moving in a circular motion while hissing. Second half of circle (audience): Starting a couple of seconds after the first half, the rest of the circle whistles down the scale. (Doh, Te, La, So, Fah, Me, Ray, Doh.) When the whistlers get to the bottom of the scale (or countdown), everybody responds with a well rounded Boom! Repeat all and Boom twice, Then repeat all again and Boom three times.

Flag Cheer: Pretend to raise the flag by alternately raising hands over the head and "grasping" the rope to pull up the flag. Then stand back, salute and say "Ahhh!"

Flag Wave Cheer: Do the regular "wave" where one group at a time starting from one side, waves: but announce that it's a Flag Wave in honor of our Flag

Fourth of July Cheer: Stand up straight and shout "The rockets red glare!"

George Washington Cheer 1: That was great. I cannot tell a lie.

George Washington Cheer 2: Get out axe and swing it at a tree while saying, "Chip, chop, chop, TIMBER!" then yell, "WRONG TREE!"

Hot Dog with Mustard Cheer: Get your hot dog and put it in a bun. Pick up the mustard bottle and squeeze some mustard on the hot dog, then take a big bite and say, "Yummmmm!"

Liberty Bell Yell: Ding, Ding, Ding, Dong! Let freedom ring!

Liberty Bell Cheer 1 Ding! Dong! Let freedom ring!

Liberty Bell Cheer 2 Divide group into two parts: the Dings and the Dongs. Alternate yelling (3x or more)– Ding: Dong: Ding: Dong: Ding: Dong Then all yell: Let freedom ring!

Liberty Bell Cheer 3 Ding, Ding, Ding, Dong!

Mount Rushmore Cheer: Washington, Jefferson, Lincoln, Roosevelt!!!

Old Glory Applause 1: Hand out small flags to everyone at the start of the pack meeting. Each time an applause is in order, they wave their flags. Then add a patriotic shout, such as “We love America,” or “U.S.A., U.S.A! U.S.A!” or “By the Rockets Red Glare!”

Old Glory Applause 2: Do the regular “wave” where one group at a time starting from one side and going to other, creates a wave by waving both arms as you say “Old Glory, Long May She Wave!”

Patriotic Cheer: Shout “U.S.A!” and thrust hand with doubled up fist skyward while shouting “Hooray for the Red, White and Blue!” or “Onward and Upward!”

Paul Revere Cheer: Pretend to be riding a horse While moving up and down say, “The British are coming! The British are coming!”

Politician Cheer: Pat yourself on the back.

Presidential Cheer: Salute and say: "Hail to the Chief."

Rocket Cheer: Squat down slowly saying, “5-4-3-2-1” and then yell, BLAST OFF! And jump into the air.

Rocket Cheer: Have everyone stand and hold their arms straight up, clasping their hands together over their heads to form an arrow shape. On the count of “3: 2- 1: Blastoff!”

Rocket Cheer 2: Everyone stands and with clenched fist held high they holler, “The Sky’s the Limit. We can Do Anything! Boom! Boom! Boom!”

Rocket Cheer 3: Everyone stands and puts their hands out to the sides like a penguin. Then twirl in a circle and say “Oops, we never made it off the ground! Sputter. Sputter. Maybe Next Time!”

Salute the New Citizen Cheer: To recognize the hard work of learning in order to pass the test to become a new citizen, have everyone stand, make a salute, and say “We salute you!”

Soldier Cheer: Stand at attention and salute. Yell “Well done!”

Statue of Liberty Cheer: Stand and raise imaginary torch and say, “Welcome to America!”

Two Sides of Citizenship Applause: Divide audience into two groups. One side shouts: “Rights, I have Rights!” The other side shouts “Duties, I have Duties! As you point to each side, they shout their phrase. Then Signal to both groups to stop and say “That’s the Two Sides of Citizenship!” as you hold up two fingers.

Uncle Sam Cheer: Left hand strokes beard, Right hand points while saying, “I want you!”

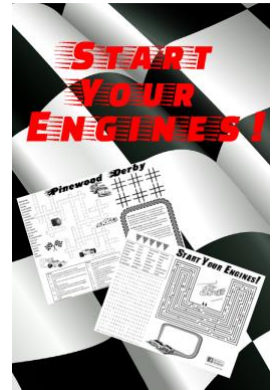
Uncle Sam Applause: Announce that in honor of Uncle Sam and his search for good citizens, we will do the Old Glory Wave Applause. Then do the regular “wave” where one group at a time starting from one side and going to other, creates a wave by waving both arms. End by taking an Uncle Sam stance and saying “I Want You”**USA-BSA Cheer Two groups.** One group yells, “USA!” The other group yells, “BSA!” Repeat three times. Then both groups yell together, “That’s us!”

USA Cheer: Shout "USA" and thrust right hand with doubled fist skyward, then shout "Hooray, onward and upward."

“We Want You” Cheer: Everyone yells “I Want You” and points their finger at the honoree (like in the Uncle Sam posters).

PINEWOOD DERBY CHEERS

shac.org/pinewood-derby-theme



Checkered Flag Cheer: Wave one arm in figure-eight motions.

Construction Flagger Cheer: Wave your arms and yell “Slow down!”

Dip Stick Applause: Pretend to check the oil in your car and yell, “You’re a quart low.”

Harley Cheer: Get on your motorcycle, Kick start a couple of times saying, Vroom Vroom Then give it the GAS and drive away.

Model T Cheer: Push your nose with one finger and say, “Beep, beep!” Make a fist, push your arm out, and say, “Honk, honk!” Then push your stomach and say, “Ah-you-gah, Ah-you-gah!”

Pinewood Derby Cheer 1: “Let’s give ourselves the pinewood derby car cheer.” “Vroom” (quietly). “Vroom!” (louder). “VROOM!” (LOUD!

Pinewood Derby Cheer 2: Hold your hand over your head and bring it down as if it were a car coming down the track while saying, “Swooooooosh.....” then “Yay!”

Pinewood Derby Cheer 3: Hold your right hand over your head and bring it down as if it were a car coming down the track, while going “Whoosh,” then “Thud” as it hits the bottom and end of the track.

Pinewood Derby Cheer 4: Move hands like a racer and say “ZOOM” 3 times.

Pinewood Derby Cheer 5: Cubmaster yells, “Start your engines,” Everyone places their car at the top of the ramp (they raise their hands up in the air, fingers straight, palms down) Then the cars go down the ramp Everyone moves their hands in the shape of the track going “Whoooooosh” all the way It all ends as the car hits the bumper at the end Everyone gives one big, loud clap

Pinewood Derby Winner Cheer: (To recognize a particular person) Do as above, but at the end, yell out “__ is the winner!!! (Repeat three times)

Pop A Wheelie Cheer: Pop wheelie leaning way back and saying, “EERRRRTTTT!”

Race Car Cheer: Move hand forward like a race car moving down a race track and shout “V-V-R-R-o-o-o-m!” Or shout “ZZZRRRrrrrrrOOOOOOOOOOO MMMMMM”
Do it three times (at least)!!

Race Car Cheer: Say "Varoooom" five times starting quietly and increasing in loudness each time while shifting gears with right hand.

Squeaky Wheel Cheer: Hold out your arm, and bend at the elbow. Make a motion like a wheel and say, "Squeak, squeak, squeak!"

Trucker Cheer: Pretend you are driving a big rig. Reach above your head and pull the horn cord, make a loud, deep "HONNK! HONNK!"

VROOM Cheer: Make a sound like a car revving up and say, "Vroom, vroom!"

SCIENCE CHEERS

shac.org/science-theme



Ben Franklin Cheer Hold both hands out in front of you as if flying a kite. Jerk back suddenly while saying, "Zap, Zap, Zap."(Lightning). That was enlightening!

Electricity Cheer: "It's electric!"

Electric Power Applause: Hold up and shake your finger while saying "ZZZZZZ"

Electricity Applause: Place both index fingers together and say "Zip, zap, zop!"

Extension Cord Yell: Plug it in! Plug it in! Plug it in!

Where is the electric? Where is the electric? Where is the electric?
Use your muscles! Use your muscles! Use your muscles!

Genius Applause: Look surprised and say, "Look what I discovered."

Invention Cheer: I've made it, I've made it. Don't know what it is, but I've made it!

Lightning Cheer: Shake your finger like jagged lightning and go "Shh Shah" on each jagged movement. To add thunder: add a "**BOOM**" after every 4 +/- lightning jags or so.

Lightning Bolt Cheer: Divide into two groups. The first group yells, "ZIP!" The other group yells, "ZAP!" Then everyone yells together, "BOOM!" Repeat twice.

Livewire Cheer: Pretend to Grab onto a live electrical wire and shake the whole body, while saying "ZZZZZZZ".

Mad Scientist Applause: Pretend to hold up a test tube in one hand. Pour something into it, then add something else, then yell, "BOOM!"

Mad Scientist Cheer: Hold an imaginary test tube up in one hand and pour into it with the other hand. Shake it then shout "BOOM"! Then say: "That was exciting!"

Oil Well Applause: Stand up, place both hands overhead and hook thumbs together, Wiggle fingers and say "Gush, gush, gush!"

Solar Power Applause: Use your hands and arms to make the circle of the Sun, then say "Solar Power Up!" while pointing to the sky

Solar Power Applause: Pretend to slather on suntan lotion, put on sunglasses and sunbathe. Say "The sun—It's a gas!"

Wind Power Applause: Use one arm and hand to describe a windmill turning, while you say “Whoooo, Whooo, Whooo” (the sound of wind)

Water Power Applause: Use one hand and arm to make “waves” while you shout “Water Power: Power Up!”

SPACE CHEERS

www.shac.org/space-theme



Apollo Shout: Countdown, 10, 9, 8, 7, 6, 5, 4, 3, 2, 1, blast off! Then with your hand gain orbit and even out. Then say, "BEEP, BEEP, BEEP, BEEP."

Blast-off Cheer: Start counting backwards from 10 to 1. Bend the knees a little more on each count until you are in a squatting position. Then, while saying, "BLAST OFF!", jump straight up in the air.

Jet Breaking Sound Barrier Cheer: "Fly your hand like a jet saying "Zooommmmm" then bring your other hand up and clap once as loud as you can and say "Booommm!"

Jet Plane Cheer: Move your hand around yelling "Zoom, Zoom" then add one big clap for the sonic boom.

Launch (Blastoff) Cheer 1: Count down 10, 9, 8, 7, 6, 5, 4, 3, 2, 1 and toss a handkerchief into the air and cheer as loudly as they can until it hits the ground).

Launch (Blastoff) Cheer 2:

- Count down 10, 9, 8, 7, 6, 5, 4, 3, 2, 1
- Yell "**Blast Off**" as loudly as they can
- Go **ZOOOooommmmm!!**
- Go **POW** (real Loud)
- Then **OOOooohh** and **AAAaaahh**

And be sure to work in some really good motions, too

Lightning Cheer: Shake your finger like jagged lightning yelling "Shhhhh, Shhhh" on each movement. Throw in a "BOOM" every now and then.

Lights in The Sky Yell: Put fingers facing up and wiggle them while saying, "Twinkle, Twinkle."

Man In The Moon Cheer: Circle face with hands and say, "I love green cheese!!"

Robot Cheer: Walk in place, stiff-legged, saying "Does not compute. Does not compute."

Rocket Cheer: ZZZZZZZZOOOOOOOOOOOMMMMMMM!

Rocketship Applause: Count down "10-9-8-7-6-5-4-3-2-1 Blast off." Blast off with your hand, gain orbit, and say "Beep-beep-beep-beep."

Rocket Ship Applause: Act as if lighting the fuse of a rocket (make hissing sound), raise arms as a rocket taking off (make "whooooosh" sound), make popping sound, then while moving hands in circle above head, go BOOM.

Satellite Cheer 1: Put your right hand over your head, making a circular motion with the right hand, opening and closing the right fist, while saying "Gleep, Gleep, Gleep".

Satellite Cheer 2: Begin with a countdown from 10, at zero, yell, "BLASTOFF! stretch arm over head saying "Gleep, Gleep, Gleep" and turn around three times.

Satellite Applause: Move right hand in circle overhead, opening and closing the fist, while saying in a high falsetto voice "Gleep-gleep-gleep."

Saturn Cheer: "Ring! Ring! Ring! That rings true!"

Sky Rocket Cheer 1: Make a motion of striking a match on your pants, lean over to light your rocket. Make a "SH, SH, SH" sound, point from the floor to the sky as if you were following it in flight with your finger. CLAP hands and say "BOOM" spread arms wide and say

Sky Rocket Cheer 2: Whistle up the scale and then shout "BOOM! AAAH!" As you whistle, gradually raise your hands and then gradually lower them on AAAH. Gradually soften the AAAH to complete silence. "AH___AH_AH".

Supersonic Cheer: Wave arms wildly and open mouth as if yelling, then wait quietly for a few moments, then yell loudly.

UFO Cheer 1: Have the group look up, shade their eyes with one hand, point with the other and yell, "Look, it's a UFO!!!" Have them turn their heads as if the object is moving.

UFO Cheer 2: Hold index fingers to forehead and shout "TAKE ME TO YOUR LEADER."

Venus Cheer: "Morning star, evening star, you're a star to us!"

Blast Off Cheer:

We're blasting off into space!

Where we spread goodwill

We'll leave no trace

We'll do our best

Right down to the wire

Helping our pack soar higher and higher!

(Make rocket sounds.)

SPORTS CHEERS

shac.org/sports-theme



Archery Cheer: Mimic shooting an arrow, then call out, "Bull's Eye!"

Artillery Cheer: Begin slowly with the flats of your palms and increase in speed: then slow down until finally the last time the hands are not brought together.

Ball Applause: Hold any kind of ball in your hands. When you are holding the ball, everyone is quiet. When the ball leaves your hands, everyone goes wild and cheers. Try bouncing the ball, faking a throw, or tossing it to another person.

Bicycle Cheer: Pump, Pump, Pump.

Black Powder Cheer: Pretend to have black powder in your hand. Pour powder down the barrel. Stamp it down, raise the gun and fire saying, "Click, BANG!"

Bow and Arrow Cheer: Make motion as if shooting an arrow and say, "Zing, Zing, Zing." Pretend to release an arrow with each zing. Variation: Slowly draw arrow from quiver on your back. Place arrow against string of bow, pull back, release and say "pffft."

Bowling Applause: Pretend to throw a bowling ball down an alley and yell, "Strike!"

Go Cart Cheer: Stand up with legs bent at right angles, put hands in front of you as if steering and say, "BAAARRROOOOOMMM!"
Variation: Add, "Look at me go! BARRRROOOMM!!"

Golf Cheer: Shout "FORE" and pretend to hit the ball, place hand over above eyes to follow where the ball went. Variation: Add: Duck and cover your eyes saying: "OH NO! I HIT SOMEONE!!"

Go-Team Cheer. Stand and yell, "Go, team!"

Javelin Cheer: Hold hand as if close over a javelin, raise arm above shoulder and pretend to throw the javelin forward, wait a couple of seconds and say "Thud".

Motorboat Cheer: Flutter your hand in front of you while your tongue flutters.

Mountain Climbers: Pretend climbing on mountain. A rock slips off. Put your hand over your eyes, look down and yell: Look OUT BELOW !

Olympic Cheer 1: Hold right hand high (as if holding a torch) and run in place.

Olympics Cheer 2: Join hands, raise them over head and shout, "Go for the Gold!"

Pole Vault Applause: Hold one arm straight in front. Stand two fingers of the other hand on the outstretched arm, like legs, and have the finger "legs" pretend that they "run" down the arm. When they get to the wrist, make them "leap" into the air. As you bring your hand back down, clap.

Pole Vault Cheer: Stand two fingers of one hand on the other arm like legs. Have them run down the arm to the wrist and then leap into the air, as the hand comes down, CLAP!

Race Car Cheer: Say "Varoooom" five times starting quietly and increasing in loudness each time while shifting gears with right hand.

Relay Cheer: Have one Cub Scout in each row or section start this one. They will clap twice and then clap the hand of the person next to them. They continue to clap in unison in this manner until everyone in the room is clapping.

Relay Cheer: First person in row claps next person's hand and so on down to the end of the row.

SCORE! Cheer: (Audience repeats after leader) S (S) ... C (C) ... O (O) ... R (R) ... E (E). Leader: What's that spell? Audience: SCORE!

Skateboard Cheer: Stand up and move top part of body from one side to the other as if trying to keep balance and say, "Zooommm."

Spirit Cheer: Divide the group into two sections. The first section chants, "We've got spirit, yes we do! We've got spirit, how 'bout you?" The first section points to the other group. The second group responds by yelling the chant even louder. Repeat two or three times.

Strongman's Cheer: Pretend to lift a heavy object and say, "Uh, Uh, Ah".

Strongman Cheer. Lift imaginary weights to arms length: grunt Lift imaginary weights to chest height: grunt. Lift imaginary weights to above head: grunt and cheer!!

Swimmer's Belly Cheer: Put both hands out in front of you and slap your hands together once. Look both ways and say, "Where's the water, where's the water."

Tightrope Walker Cheer: Have your arms out as if balancing on a tightrope. Lean to one side and say "Aaaiiiii" as you simulate falling.

Wave Cheer: Rise and raise arms above head then sit back down, as done at sports events.

Weight lifter Cheer: Attempt to lift bar-bell and say "AAAaagh!" as you get the weight up above the head, then drop it to the floor saying, "THUD!"

Baseball

Ball Applause: Hold any kind of ball in your hands. When you are holding the ball, everyone is quiet. When the ball leaves your hands, everyone goes wild and cheers. Try faking a throw, or tossing it to another person.

Baseball Applause: Pretend to throw a baseball in the air and pretend to hit it with a bat. After you hit the ball, shout, "Home Run!!"

Baseball Cheer: Hey, batter-batter-batter! Hey, batter, batter, batter! Swwwwiiiiinggg, batter!

Bouncing Ball Cheer: Using a super ball or golf ball (preferably), drop the ball from an outstretched hand over your head or toss it upwards. Have the group yell, "**Pow**" every time the ball hits the floor.

Grand Stand Applause: All are seated. They stamp their feet three times, Then slap legs three times. Then all stand and shout, "Rah! Rah! Rah!"

Home Run Applause: Simulate swinging a bat at a ball, shade your eyes with your hand and yell, "Thar she goes." "It's outta here!" or "It's way back and it's gone!"

Three Strikes Cheer: Turn head to the side sharply while saying, "Strike!" Do these three times and end with, "You're out!"

Umpire Cheer: Stee-rike

Wave Cheer: Rise and raise arms above head then sit back down, as done at sports events.

Football

Touchdown Cheer: Quickly throw both arms up into the air with fingers close together pointing upward (as if to signal a touchdown) and yell and scream and cheer.

TRANSPORTATION CHEERS

shac.org/transportation-theme

Bicycle Cheer: Pump, Pump, Pump.

Go Cart Cheer: Stand up with legs bent at right angles, put hands in front of you as if steering and say, "BAAARRROOOOOMMM!"

Variation: Add, "Look at me go! BARRRROOOMM!!"

Dip Stick Cheer: Pretend to get under the hood of your car, find the dip stick, pull it out, and say, "OH, NO, YOU'RE A QUART LOW!!!" Variation: Add to the above: You could sure use an oil change and pretend to put it back, close the hood with a SLAM!!!

Flat Tire Cheer: Bend down, attach pump to tire, lift and push on pump three times, then say, "BOOM!" and jump back in surprise
Flea Flip: Flick your middle fingernail with your thumbnail.

Harley Cheer: Get on your motorcycle, Kick start a couple of times saying, Vroom Vroom Then give it the GAS and drive away.

Jet Clap Cheer: Swish your hand across the front of you like a jet and clap your hands twice, real fast to simulate the sonic boom.

Locomotive Cheer: Begin on the heels of your hands, slowly and together. Gradually increase speed, working towards the finger tips and finally over the ends of the fingers. The last part is raise your hand over your eyes as a gesture of looking in the distance.

Model "T" Cheer: Pretend to honk your horn and say "Ooooga, Ooooga, Ooooga".

Motorcycle Cheer: Lift up the left foot and slam it down starting the engine with your hands pretending to hold handlebars and saying "V-V-r-a- a-a-a-m-m-m-m."

Pony Cheer: Clap your hands together, then slap your leg with each hand to simulate a pony trot.

Pony Express Yell: Have everyone gallop in place and shout, "YIPPEEEEEEEEEEE".

Race Car Cheer: Move hand forward like a race car moving down a race track and shout "V-V-R-R-o-o-o-m!" Or shout "ZZZRRRrrrrrrOOOOOOOOOOOOOMMMMMM"
Do it three times (at least)!!

Race Car Cheer: Say "Varoooom" five times starting quietly and increasing in loudness each time while shifting gears with right hand.

Squeaky Wheel Cheer: Hold out your arm, and bend at the elbow. Make a motion like a wheel and say, "Squeak, squeak, squeak!"

Steamboat Cheer: Use both hands to make large rotary motion as if they were paddle wheels. At the same time say "Chug-achug-chug". Then reach up with the right hand and pull down saying "Toot, Toot".

Train Cheer: Divide audience into groups to make different train sounds, get faster and faster until a bell rings.

Trucker Cheer: Pretend you are driving a big rig. Reach above your head and pull the horn cord, make a loud, deep "HONNK! HONNK!"

VROOM Cheer: Make a sound like a car revving up and say, "Vroom, vroom!"

See [Pinewood Derby](#) for more.

WESTERN CHEERS

shac.org/western-theme

Bandana Applause: Throw a bandana into the air with instructions for the applause to keep going until the bandana reaches the floor.

Bow and Arrow Cheer: Make a motion as if shooting an arrow and say, “Zing, zing, zing.” Pretend to release an arrow with each zing.

Buffalo Bonzo Yell (For a 'corny' skit)

Bonzo

Buffalo bonzo

Buffalo buffalo bonzo

Cuckoo, cuckoo, cuckoo !

Campfire Cheer: Divide group into three sections. Have each group say crackle right after one another: “CRACKLE, CRACKLE, CRACKLE!”

Canoe Cheer: Have everyone pretend to paddle a canoe leisurely. Then yell, “Oh no its starting to rain!” Everyone paddles faster. “Oh no now it’s starting to hail!”. Now everyone paddles extremely fast.

Chuckwagon Cook Cheer: Come an’ git it!!

Clippity Clop Applause: Cub Scouts slap their legs to the rhythm of hoof beats... clippity clop, clippity clop, clippity clop.

Covered Wagon Cheer: Divide the group into two. One group shouts **WESTWARD!** And the other group shouts **HO!**

Cowboy Applause: Raise hand in air as if waving hat, saying "Whoopee!!"

Cowboy Cheer: Put index finger in the air and make a circular motion as you say, "Yeehaw!"

Cowboy Cheer 2: Fine as Cream Gravy!! (very good, top notch)

Coyote Cheer: Start by yipping like a coyote , 'Yip, Yip, Yip", getting faster and louder each time and then at the end of the third YIP howl.

Horse Applause: Gallop in place saying clippety clop

Horse Cheer: Neigh like a horse three times.

How With A Southern Exposure Yell: How, How, How, You'all!

Lone Ranger Applause: Hi, Ho, Silver: Kimo Sabe!

Pioneer Cheer: Wagons ho!

Pony Express Cheer: Have everyone stand and pretend to gallop in place while shouting, “YIPPEE” two or three times.

Six Shooter Applause: Point finger in the air and say, “Bang! Bang! Bang!” Then blow “smoke” from the “gun.”

Smoke Signal Cheer: Have the group make a fist with one hand point the index finger, hold it close to chest. Then raise in a circular motion very slowly, until your arm is as high in the air as possible.

Texas Desert Applause: Yucca, yucca, yucca...

Texas How Yell: How! How! Howdy pardner!

Texas Oil Refinery Applause: Crude, crude, crude...

Texas Welcome Cheer: HOOOW DDDDEEE PARRRD!!

Tonto Applause: Yell, “Where does Tonto take his garbage?” and have the Scouts reply, “To de dump, to de dump, to de dump, dump, dump” to the rhythm of a running horse in singsong manner, while clapping hands on their thighs.

Trail Boss Cheer: Round ‘em up!

Wagon Train Cheer: Make a circle with arm about head and say, “Head ‘em up”. Point in front of you and say “Move ‘em out!”

Western How Yell: Stamp feet three times, slap knees three times, whip

Wood Chopper Cheer: Make motions like chopping a tree while saying "Chop, Chop, Chop," then make motions like a falling tree while saying, "TIMMMMBER." hand around head three times, and yell "YIPPI-I-A."