

On Your Mark

Parent and Leader Guidebook: pages 67-70
Lion Adventure Book: page 14

- Participate in a game with your den.
- Participate in an obstacle course relay
- Participate in a box derby race.



Materials

- Copies of On Your Mark handout, one per adult
- Copy of Den Meeting Plan, one for leader(s)
- Name tags and Sharpie
- Cub Scouts Poster Set with Scout Law, Scout Oath and Den Code of Conduct (#621086 from Scout Shop)
- Blue tape or something to hang posters on wall

Optional

- Snack and water
- Activities for siblings (e.g., coloring books)

Gathering: Washer Toss

- Pie pan (one or more) or plastic bowl
- Something to make a mark (e.g., chalk, rope)
- 5 washers or penny
- Optional: duct tape to keep pie pan from moving if playing inside



Activity 2: Obstacle course

- Piece of wood or rope for balance beam
- Cones
- Cargo net
- Tires
- Brown shopping bags
- Cans of food of different sizes to build a pyramid
- Oven mitts
- Optional: pool noodles
- Optional: search Pinterest for obstacle course ideas

Activity 3: Derby Box

- Cardboard boxes
- Decorations (paint, paint brushes, markers, crayons, stickers)
- Optional: paper towels and paper plates, if painting

Activity Wrap Up

- Colored pencils, crayons or markers
- Few extra copies of *Lion Adventure Book* page 14 (for those who forget book).

Den Meeting Plan

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Gathering

- Odd or Even Game

Opening

- Good conduct candle
- Pledge, Scout Oath, Scout Law

Talk Time

- Den business
- Sharing time

Activities

- Activity 1: Decorate Box Car
- Activity 2: Box Car Derby Race

Closing

- Race Car Cheers: “Varoooom”
- Scout Law



On Your Mark Adventure



Scout Law
A Scout is trustworthy, loyal, helpful, friendly, courteous, kind, obedient, cheerful, thrifty, brave, clean, reverent.

Scout Oath
On my honor, I will do my best to do my duty to God and my country and to obey the Scout Law; to help other people at all times; to keep myself physically strong, mentally awake, and morally straight.

Upcoming Events

- Dec 16** Wreaths Across America, optional 10:00 am at Houston Cemetery
- Dec 20** Pack Meeting (bring donation of first aid supplies)
- Jan 10** Den Meeting
- TBD** Outing
- Feb 7** Den Meeting
- Feb 24** Pinewood Derby
- Feb 28** Pack Meeting
- Mar 7** Den Meeting

Pack 72
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Orion District
www.orion.shac.org
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Sam Houston Area Council
www.shac.org
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