

Cub Scout Den Meeting Outline

Month: **January**

Week: **3**

Core Value: **Positive Attitude**

	Tiger	Wolf	Bear	Webelos
Before the Meeting	Gather materials for gathering and other activities, games and have home assignments (if any) ready.	Gather materials for gathering and other activities, games and have home assignments (if any) ready.	Gather materials for gathering and other activities, games and have home assignments (if any) ready.	Gather materials for gathering and other activities, games and have home assignments (if any) ready.
Gathering	Martin Luther King Scramble			
Opening	Dream Opening			
Activities/Project	We're All Friends Puppets			
Game/Song	Cub Scouts in a Contest			
Business items/Take home	None	None	None	None
Closing	Positively Do Your Best Closing			
After the meeting				

Materials:

Gathering: copies of Martin Luther King scramble, pencils, answer sheet

Opening: instructions, flag

Activities/Project: jumbo craft sticks, regular sized craft sticks, construction paper, scissors, glue, wiggle eyes, yarn – assorted colors, black and brown markers, watercolor paints, paintbrushes, cups for water, shirt templates, pants template.

Game: instructions, masking tape

Closing: instructions, cards printed back to back

Home assignments: none

Martin Luther King Scramble

Use the numbers when you unscramble the words to find out the title of a famous speech that Martin Luther King gave.

FEOERDM
5 7 10

EJITSUC
1 9

TIBLREY
8

EQULA
3

OONHR
2

EVLAS
6 4

1 2 3 4 5 6 7 8 9 3 10



WORD CLUES:

1. Being able to choose what you want to do.
2. To be treated fairly under to law.
3. Permission to go freely within certain limits.
4. To be the same for each member of a group.
5. To show respect for something or someone.
6. A person who is owned by another person.

Martin Luther King Scramble

Use the numbers when you unscramble the words to find out the title of a famous speech that Martin Luther King gave.

FEOERDM	<input type="text"/>
	5 7 10
EJITSUC	<input type="text"/>
	1 9
TIBLREY	<input type="text"/>
	8
EQULA	<input type="text"/> <input type="text"/> <input type="text"/> <input type="text"/> <input type="text"/> <input type="text"/>
	3
OONHR	<input type="text"/> <input type="text"/> <input type="text"/> <input type="text"/> <input type="text"/> <input type="text"/>
	2
EVLAS	<input type="text"/> <input type="text"/> <input type="text"/> <input type="text"/> <input type="text"/> <input type="text"/>
	6 4

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1	2 3 4 5	6	7 8 9 3 10



WORD CLUES:

1. Being able to choose what you want to do. **FREEDOM**
2. To be treated fairly under to law. **JUSTICE**
3. Permission to go freely within certain limits. **LIBERTY**
4. To be the same for each member of a group. **EQUAL**
5. To show respect for something or someone. **HONOR**
6. A person who is owned by another person. **SLAVE**

Answer to Martin Luther King's speech: I HAVE A DREAM

Dream Opening



Cubmaster:

During the month of January, we honor Martin Luther King. for the many things he did during his life to help all of the citizens of our country.

Martin Luther King gave a speech to many people that gathered in Washington, D.C. In that speech he talked about a dream that he had. He had a dream or a wish that one day his children would not be judged by the color of their skin, but by the content of their character. Let me say that again. He wished that one day his children would not be judged by the color of their skin, but by the content of their character.

What do you think that means? [Cub Scouts may have some really good answers to this question. Guide them to realize that it is a strong character that counts and that we all need to respect each other and work together to help us reach Martin Luther King's dream.]

Answers from Cub Scouts

Cubmaster:

Together, let's say the Cub Scout Promise and then the Pledge of Allegiance.

Core Values:

Respect, Responsibility, Positive Attitude

We're All Friends Puppets

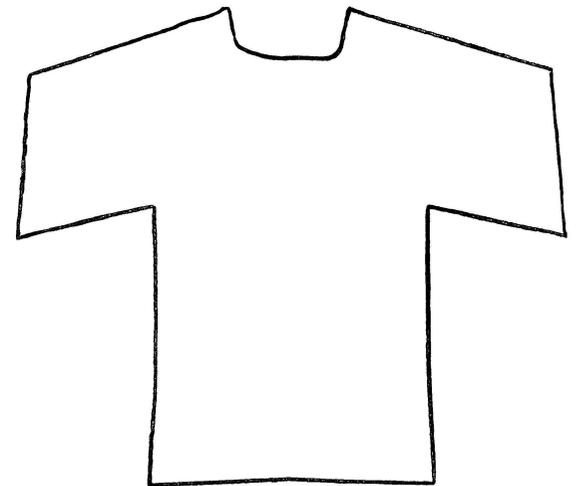
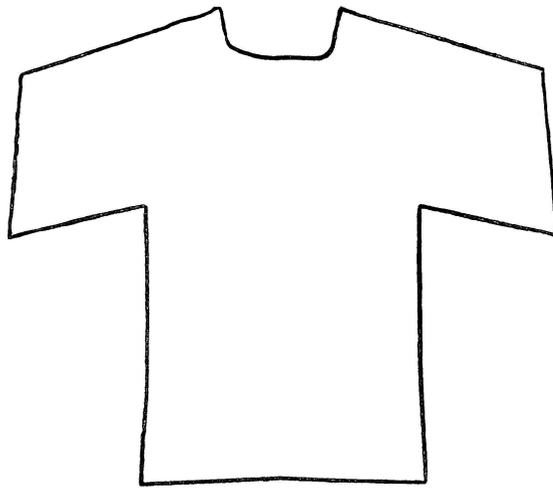
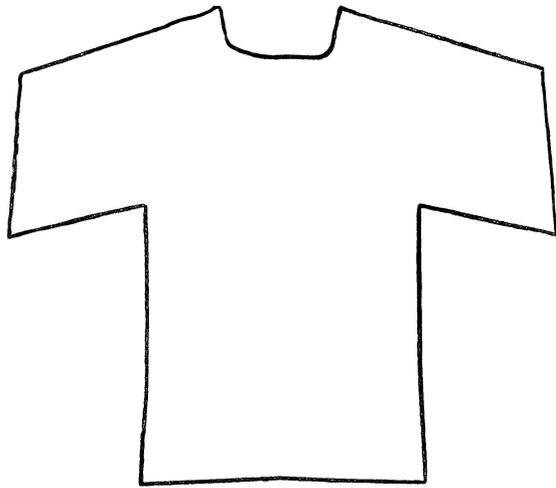
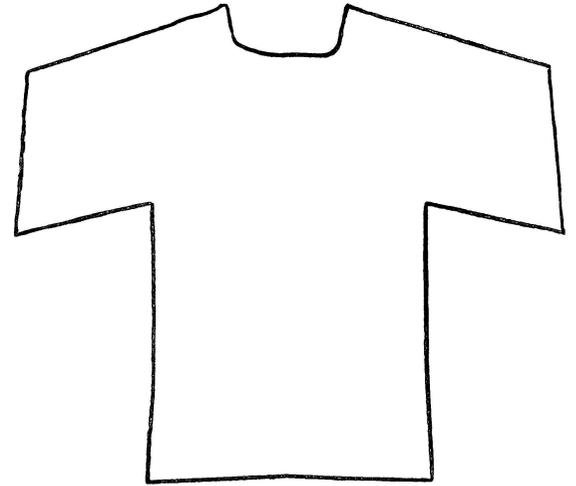
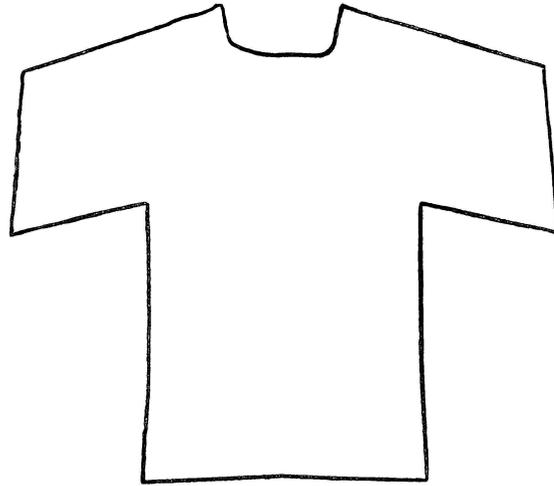
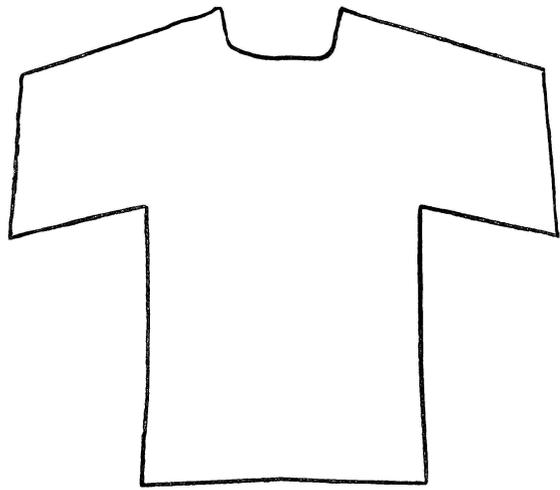
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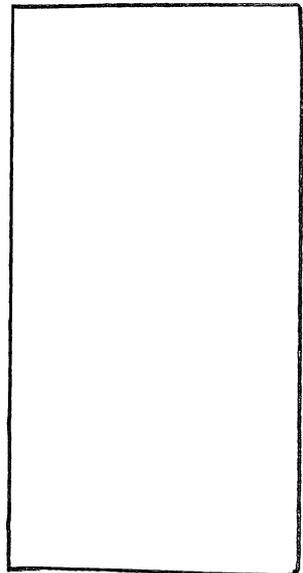
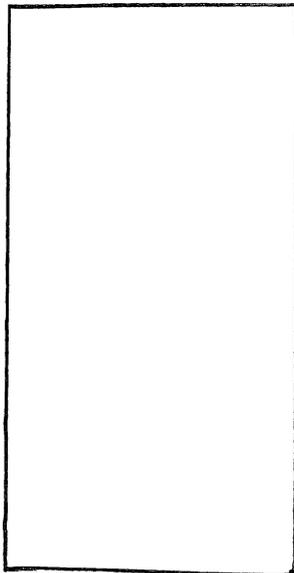
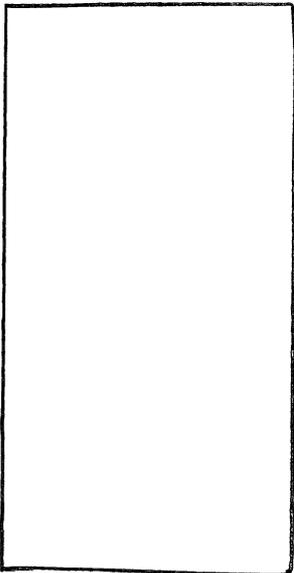
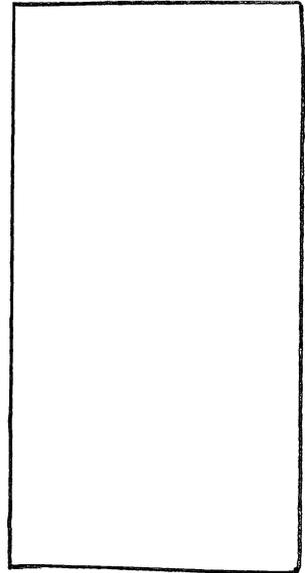
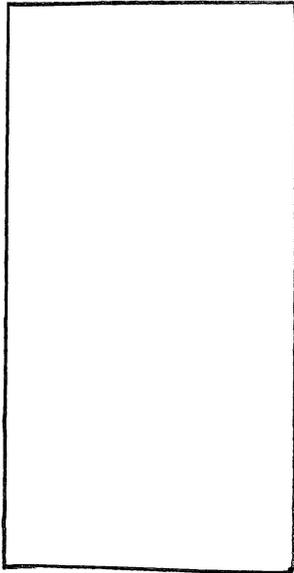
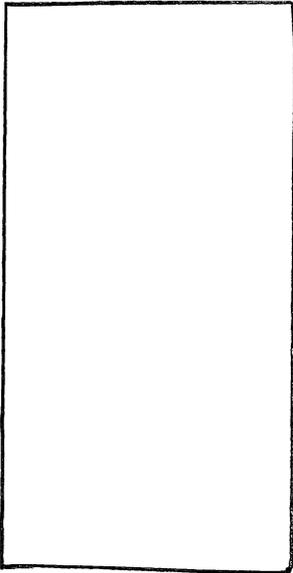
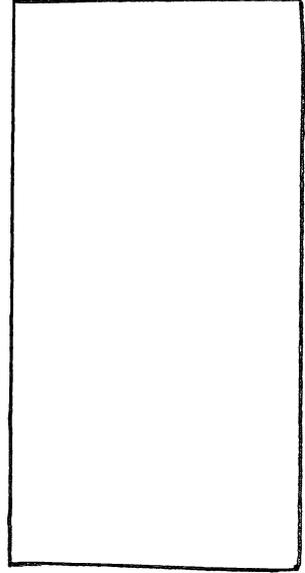
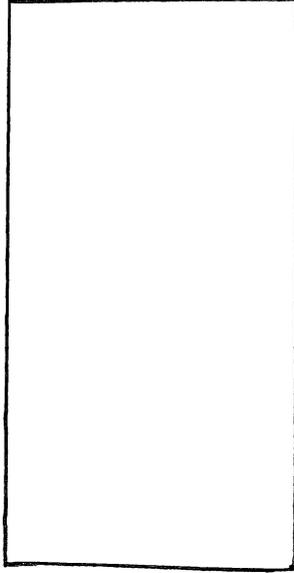
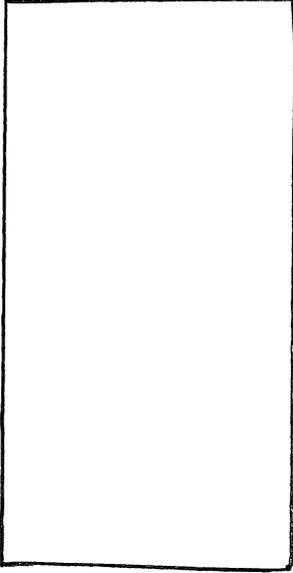
- 1 jumbo craft stick per Cub Scout
- 1 regular sized craft stick per Cub Scout
- Construction paper (for cutting out clothing – see templates)
- Scissors
- Yarn – assorted colors (for hair)
- Wiggle eyes – 7mm size (2 per Cub Scout)
- Glue
- Markers – black or brown (for drawing mouth and nose)
- Watercolor paints (for painting craft sticks)
- Paintbrushes
- Cups (for holding water for painting)
- Water (for painting)
- Shirt templates (copied on cardstock)
- Pants templates (copied on cardstock)



Instructions:

1. If desired, Cub Scouts can paint their craft sticks (1 jumbo stick and 1 regular craft stick) to resemble whatever skin color they would like their puppet to have. Set aside to let the sticks dry.
2. Using the templates (cut out templates if needed to use for shirts and pants), cut out a shirt and pants (a rectangle) out of construction paper.
3. Once the craft sticks are dry from painting, glue 2 wiggle eyes near the top of one end of the jumbo craft stick (this side will be the front of your puppet).
4. Using glue and yarn, glue hair just above the wiggle eyes on the jumbo craft stick.
5. Glue the pants (rectangle) at the bottom of the jumbo craft stick.
6. Glue the shirt above the pants onto the jumbo craft stick.
7. Turn the jumbo stick over and glue the regular craft stick onto the back of the jumbo craft stick. Make sure to align the regular craft stick so it becomes the arms going through the sleeves of the shirt that was just glued.
8. Using a black or brown marker, add a nose and a mouth to the face of your friend puppet.





Cub Scouts in a Contest!

Materials:

Masking tape for lines (if needed)

Cub Scouts need to pair up with Cub Scouts that are about the same size in height to do the following two-person contests.

These seven contests could be grouped into stations and Cub Scout pairs could go from station to station completing the contests as they go. You could also have the pairs do all these contests together.



1. One-Person Pull Over Line

Face your friend – 3 feet away from him. Grasp his wrists and try to pull him across the goal line 10 feet behind you. Only pulling is allowed.



2. Seated Back-to-Back Push

Sit back-to-back. Fold your arms across your chest. Using your feet on the floor, try to push your friend over a line. Don't push or butt with your head.



3. Foot Push

Sit facing your friend. Have the soles of your feet touching with your knees bent. Try to push your friend out of a circle or over a line. Feet must always be touching feet. Push on the floor with your hands.



4. One-Legged Hand Wrestle

Hold your left ankle with your left hand. Take your friend's right hand. On the word "Go," try to get him to let go of his foot or lose his balance.

5. Stand Up Back-to-Back Push

Stand back-to-back with your elbows linked. Try to push your friend across a line 10 feet away. Only pushing is allowed.



6. Hand Wrestle

Grasp your friend's right hand. Stand with the outside of your right foot braced against his. Spread your feet so that you are well balanced. On the signal "Go," try to throw your friend off balance. The first player to move a foot or touch the ground with a hand loses this contest.



7. Elbow Wrestle

Lie on your stomach, facing your friend (who is lying on his stomach). Place your right elbow on the floor and clasp your friend's right hand. Try to force his hand to the floor at the command "Go." Elbows must not leave the floor. Try it with left hands.



Positively Do Your Best Closing

Materials:

Three cards with one word written on the front of each, “do,” “your,” “best.”
Write script on the back of each card.

Cubmaster: Remember to be cheerful and set your minds to look for and find the best in all situations.

Cub Scout #1: Do. Remember to do good for others with a cheerful heart.

Cub Scout #2: Your. Remember it’s your positive attitude that will make a difference in the lives of others.

Cub Scout #3: Best. Remember to find the best in all situations.

Cubmaster: Always do your best to have a positive attitude, and share it with those around you.

Do

Cub Scout #1:

Do. Remember to do good for others with a cheerful heart.

Y our

Cub Scout #2:

Your. Remember it's your positive attitude that will make a difference in the lives of others.

Best

Cub Scout #3:

Best. Remember to find the best in all situations.

TIGER DEN MEETING PROGRAM



DEN NO. _____ PACK NO. _____

MEETING PLACE _____

MONTH January WEEK 3 TIME _____

THIS MONTH'S TOPIC Building Muscles/Communication/Martin Luther King Day/ Positive Attitude

Use this form at a den leader meeting or at your monthly pack leader's meeting. Include ways for the den chief and denner to help you in the den meeting.

BEFORE THE MEETING

Gather materials for gathering and other activities, games and have home assignments ready.

GATHERING

With the help of their Tiger Adult Partners, Tiger Cubs will unscramble the words in the Martin Luther King Scramble.

Materials: Copies of Martin Luther King Scramble, pencils

OPENING

Tiger Cubs and their adult partners will participate in the Dream Opening.

Materials: flag

ACTIVITIES / PROJECTS

Tiger Cubs, with help from their adult partners, will make We're All Friends Puppets project.

Materials: jumbo craft sticks, regular craft sticks, water color paints, paintbrushes, construction paper, scissors, glue, wiggle eyes, varn, markers

GAME / SONG

Tiger Cubs and their adult partners will participate in the Cub Scout contests by pairing up with other Tiger Cubs and participating in the contests.

Materials: masking tape

BUSINESS ITEMS / TAKEHOME

None

CLOSING

Positively Do Your Best Closing

Materials: cards

AFTER THE MEETING

Evaluate the meeting and review next week's plans.

WOLF DEN MEETING PROGRAM



DEN NO. _____ PACK NO. _____

MEETING PLACE _____

MONTH January WEEK 3 TIME _____

THIS MONTH'S TOPIC Building Muscles/Communication/Martin Luther King Day/ Positive Attitude

Use this form at a den leader meeting or at your monthly pack leader's meeting. Include ways for the den chief and denner to help you in the den meeting

BEFORE THE MEETING

Gather materials for gathering and other activities, games and have home assignments ready.

GATHERING

Martin Luther King Scramble
Materials: copies of Martin Luther King Scramble, pencils

OPENING

Dream Opening
Materials: flag

ACTIVITIES / PROJECTS

We're All Friends Puppets
Materials: jumbo craft sticks, regular craft sticks, water color paints, paintbrushes, construction paper, scissors, glue, wiggle eyes, varn. markers

GAME / SONG

Cub Scouts in a Contest
Materials: masking tape

BUSINESS ITEMS / TAKEHOME

None

CLOSING

Positively Do Your Best Closing
Materials: cards

AFTER THE MEETING

Evaluate the meeting and review next week's plans.

BEAR DEN MEETING PROGRAM



DEN NO. _____ PACK NO. _____

MEETING PLACE _____

MONTH January WEEK 3 TIME _____

THIS MONTH'S TOPIC Building Muscles/Communication/Martin Luther King Day/ Positive Attitude

Use this form at a den leader meeting or at your monthly pack leader's meeting. Include ways for the den chief and denner to help you in the den meeting

BEFORE THE MEETING

Gather materials for gathering and other activities, games and have home assignments ready.

GATHERING

Martin Luther King Scramble
Materials: copies of Martin Luther King Scramble, pencils

OPENING

Dream Opening
Materials: flag

ACTIVITIES / PROJECTS

We're All Friends Puppets
Materials: jumbo craft sticks, regular craft sticks, water color paints, paintbrushes, construction paper, scissors, glue, wiggle eyes, varn. markers

GAME / SONG

Cub Scouts in a Contest
Materials: masking tape

BUSINESS ITEMS / TAKEHOME

None

CLOSING

Positively Do Your Best Closing
Materials: cards

AFTER THE MEETING

Evaluate the meeting and review next week's plans.

WEBELOS DEN MEETING PROGRAM



DEN NO. _____ PACK NO. _____

MEETING PLACE _____

MONTH January WEEK 3 TIME _____

THIS MONTH'S TOPIC Building Muscles/Communication/Martin Luther King Day/ Positive Attitude

Use this form at a den leader meeting or at your monthly pack leader's meeting. Include ways for the den chief and denner to help you in the den meeting.

BEFORE THE MEETING

Gather materials for gathering and other activities, games and have home assignments ready.

GATHERING

Martin Luther King Scramble
Materials: copies of Martin Luther King Scramble, pencils

OPENING

Dream Opening
Materials: flag

ACTIVITIES / PROJECTS

We're All Friends Puppets
Materials: jumbo craft sticks, regular craft sticks, water color paints, paintbrushes, construction paper, scissors, glue, wiggle eyes, varn. markers

GAME / SONG

Cub Scouts in a Contest
Materials: masking tape

BUSINESS ITEMS / TAKEHOME

None

CLOSING

Positively Do Your Best Closing
Materials: cards

AFTER THE MEETING

Evaluate the meeting and review next week's plans.